



LMCX-Race 1

September 14, 2019

Novice (Men)

6.70 km, 4 laps of 1.68 km, winner: 26:30 - 15.17 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	222	BROWN, Bart	Independent	Langley	British Columbia	Novice Adult	43	Men	BC009510	CA	CAN	26:30		15.17	6:41	6:34	6:31	6:45
2	207	RANKIN, James	Independent	Vancouver	British Columbia	Novice Adult	39	Men	PR012375	CA	CAN	26:55	0'24"	14.94	6:37	6:37	6:50	6:51
3	203	BAYARD, Jesse	Cannondale pb Fortius		British Columbia	Novice Youth	17	Men	BC098489			27:27	0'56"	14.65	6:33	6:41	7:09	7:03
4	268	DARY, Michael	Independent		British Columbia	Novice Adult	40	Men	PR012301	CA	CAN	29:08	2'37"	13.80	8:00	7:08	6:59	7:02
5	262	MARKHAM, Dave	Lotus Cycling Club	Vancouver	British Columbia	Novice Adult	50	Men	BC001518	CA	CAN	29:19	2'49"	13.71	7:19	7:15	7:27	7:18
6	235	HAINES, Darren	Independent		British Columbia	Novice Adult	40	Men	TEMP			29:20	2'50"	13.70	7:47	7:12	7:22	6:59
7	239	SPRAGGS, Alexander James	Meraloma Bike Club		British Columbia	Novice Adult	33	Men	BC40476	CA	CAN	29:26	2'56"	13.66	7:31	7:09	7:26	7:20
8	240	PENNER, Vincent	Independent		British Columbia	Novice Adult	45	Men	PR012355	CA	CAN	29:28	2'58"	13.64	7:34	7:09	7:30	7:17
9	205	BROOKS, Don	Lotus Cycling Club		British Columbia	Novice Adult	51	Men	PR011704	CA	CAN	29:29	2'58"	13.64	7:47	7:14	7:16	7:12
10	217	COLDREY, Philip	Independent		British Columbia	Novice Adult	49	Men	BC007904	CA	CAN	29:39	3'09"	13.56	7:28	7:49	7:11	7:12
11	211	OAKES, curtis	Fraser River Fuggtivi		British Columbia	Novice Adult	50	Men	BC010105			29:44	3'13"	13.52	7:45	7:19	7:22	7:17
12	213	LUTZ, Nicolas	Devo	Coquitlam	British Columbia	Novice Youth	16	Men	PR011357	CA	CAN	29:45	3'14"	13.51	7:20	7:44	7:16	7:25
13	202	MARCOTTE, Paul	PenderFund p/b Neighbourhood Holdings		British Columbia	Novice Adult	55	Men	PR011292	CA	CAN	29:49	3'19"	13.48	7:11	7:34	7:34	7:29
14	232	SEMRAU, William	PenderFund p/b Neighbourhood Holdings	Vancouver	British Columbia	Novice Adult	50	Men	BC99003	CA	CAN	30:03	3'33"	13.38	8:04	7:23	7:06	7:31
15	223	BLOMERUS, Paul	Lotus Cycling Club		British Columbia	Novice Adult	47	Men	PR011524	CA	CAN	30:07	3'36"	13.35	7:51	7:34	7:16	7:25
16	201	HOWE, Torin	Escape Velocity	Vancouver	British Columbia	Novice Adult	27	Men	PR011307	CA	CAN	30:08	3'38"	13.34	7:59	7:30	7:16	7:23
17	233	SARGENT, Kai	TripleShot Cycling Club		British Columbia	Novice Youth	13	Men	BC098500			30:13	3'43"	13.30	7:10	7:47	7:29	7:47
18	263	DAVIES, Gary	Jubilee Racing	New Westminster	British Columbia	Novice Adult	55	Men	BC99617	CA	CAN	30:19	3'48"	13.26	7:36	7:18	7:53	7:33
19	234	SCHREIBER, Gary	Independent		British Columbia	Novice Adult	47	Men	TEMP			30:25	3'55"	13.21	8:17	7:19	7:38	7:11
20	269	PINCKNEY, Brent	Independent	Chilliwack	British Columbia	Novice Adult	49	Men	PR010213	CA	CAN	30:47	4'16"	13.06	7:59	7:36	7:34	7:38
21	265	SOSNOWSKI, Emil-Peter	United Velo		British Columbia	Novice Adult	34	Men	BC40585	CA	CAN	30:48	4'17"	13.06	7:51	8:05	7:23	7:29
22	260	HAYZELDEN, Sean	Independent		British Columbia	Novice Adult	29	Men	TEMP			30:53	4'23"	13.01	8:32	7:27	7:26	7:29
23	243	ELOFIR, omar	Lotus Cycling		British Columbia	Novice Adult	45	Men	BC011292	CA	CAN	30:57	4'26"	12.99	7:56	7:37	7:40	7:44
24	221	SIMMONS, Liam	Independent		British Columbia	Novice Adult	26	Men	PR012414	CA	CAN	30:57	4'26"	12.99	8:19	7:28	7:35	7:35
25	253	MURIE, James	Independent		British Columbia	Novice Adult	34	Men	TEMP			31:09	4'39"	12.90	7:26	8:02	7:52	7:49
26	267	USHER, David	North Shore Road Bike	North Vancouver	British Columbia	Novice Adult	55	Men	BC090345	CA	CAN	31:10	4'39"	12.90	8:28	7:41	7:34	7:27
27	250	LAWSON, Andrew	Devo	north vancouver	British Columbia	Novice Youth	12	Men	BC098333			31:25	4'54"	12.80	7:36	7:53	8:02	7:53
28	271	IFILL, Gyles	Independent		British Columbia	Novice Adult	29	Men	TEMP	GBR		31:25	4'54"	12.80	8:08	7:35	7:54	7:47
29	227	WHITE, Eric	Independent		British Columbia	Novice Adult	38	Men	TEMP			31:26	4'55"	12.79	8:49	7:54	7:27	7:17
30	226	ROTH, Brian	Crossroad Racing	Vancouver	British Columbia	Novice Adult	41	Men	PR011538	CA	CAN	31:31	5'00"	12.76	8:02	7:48	7:54	7:47
31	228	RICHARDSON, Matthew	United Velo		British Columbia	Novice Adult	35	Men	BC40594	CA	CAN	31:33	5'02"	12.74	8:08	7:49	7:46	7:50
32	220	POLLOCK, West	Devo		British Columbia	Novice Youth	12	Men	PR011951	CA	CAN	31:33	5'03"	12.74	7:56	7:51	7:53	7:54
33	212	BALL, Duncan	Lotus Cycling Club		British Columbia	Novice Adult	55	Men	BC010248	CA	CAN	31:35	5'04"	12.73	8:29	7:51	7:38	7:37
34	247	MOUSSEAU, M	Independent		British Columbia	Novice Adult	1	Men	TEMP			31:35	5'05"	12.73	8:48	7:44	7:35	7:28
35	230	BLANCHE, Lucas	Independent		British Columbia	Novice Adult	31	Men	TEMP	CA	CAN	31:39	5'09"	12.70	8:02	7:48	7:47	8:03
36	254	RODOMAR, Tim	Independent		British Columbia	Novice Adult	49	Men	BC011261			31:41	5'10"	12.69	8:38	7:35	7:43	7:45
37	238	RIGBY, Monty	Devo		British Columbia	Novice Youth	13	Men	BC40095	GBR	GBR	31:48	5'18"	12.64	8:17	7:44	7:54	7:53
38	270	OCHI, Gary	Independent		British Columbia	Novice Adult	42	Men	TEMP	CA	CAN	31:48	5'18"	12.64	8:44	7:42	7:41	7:42
39	200	NOAKES, Ronald	Independent	Vancouver	British Columbia	Novice Adult	68	Men	BC011961	CA	CAN	31:51	5'21"	12.62	7:40	7:58	7:59	8:13
40	255	O'CONNOR, Kevin	Glotman Simpson Cycling	Vancouver	British Columbia	Novice Adult	35	Men	PR011219	CA	CAN	32:28	5'58"	12.38	8:19	8:01	8:03	8:05
41	204	HODGSON, David	Boundary Bay Cycling Club	Delta	British Columbia	Novice Adult	54	Men	PR011229	CA	CAN	32:30	5'59"	12.37	8:47	8:02	7:51	7:49
42	256	THOMPSON, Mike	Gastown Cycling Association	vancouver	British Columbia	Novice Adult	53	Men	PR012359	CA	CAN	32:32	6'01"	12.36	8:19	7:58	8:05	8:11
43	208	EDER, Torsten	Independent		British Columbia	Novice Adult	51	Men	TEMP	CA	CAN	32:39	6'09"	12.31	8:44	8:03	8:02	7:50
44	224	CHMELAUSKAS, Adam	Cannondale pb Fortius		British Columbia	Novice Youth	16	Men	BC99252	CA	CAN	32:47	6'16"	12.26	8:39	8:04	7:57	8:06
45	275	FOSSHEIM, Allen	Phoenix Velo Training Group		British Columbia	Novice Adult	37	Men	PR011051	CA	CAN	33:00	6'30"	12.18	8:46	7:57	8:06	8:12
46	218	POLLOCK, Tim	Independent		British Columbia	Novice Adult	46	Men	TEMP			33:08	6'37"	12.13	8:32	8:32	8:10	7:55
47	231	GREGORY, Michael	Independent		British Columbia	Novice Adult	59	Men	TEMP			33:09	6'38"	12.13	8:42	8:06	8:13	8:08
48	216	TETZEL, Andrew	Glotman Simpson Cycling	Richmond	British Columbia	Novice Adult	32	Men	PR011574	CA	CAN	33:26	6'55"	12.03	8:59	8:07	8:15	8:05
49	214	SOLHEIM, Sean	Glotman Simpson Cycling	Burnaby	British Columbia	Novice Adult	44	Men	PR010148	CA	CAN	33:26	6'55"	12.02	8:37	8:04	8:24	8:22
50	241	THORNBURN, Brian	Ride2Survive		British Columbia	Novice Adult	47	Men	BC000721	CA	CAN	33:28	6'58"	12.01	8:39	8:25	8:20	8:03
51	206	CHANG, Mark	Glotman Simpson Cycling	Vancouver	British Columbia	Novice Adult	38	Men	BC001465	CA	CAN	33:39	7'09"	11.95	9:07	8:13	8:08	8:12
52	242	MCBEATH, Geoffrey	Escape Velocity	Vancouver	British Columbia	Novice Adult	54	Men	PR011713	CA	CAN	33:45	7'15"	11.91	8:32	8:32	8:16	8:25
53	264	FRITZ, Joseph	Independent	BELLINGHAM	Washington	Novice Adult	60	Men	TEMP	USA	USA	33:49	7'18"	11.89	8:48	8:18	8:21	8:21
54	244	NGUYEN, Andy	Independent		British Columbia	Novice Adult	39	Men	TEMP	CA	CAN	34:00	7'30"	11.82	9:13	8:16	8:10	8:21
55	266	INKSTER, Andy	Independent		British Columbia	Novice Youth	12	Men	TEMP			34:02	7'32"	11.81	8:09	8:16	8:25	9:13
56	273	CRAIG, Joseph	Independent		British Columbia	Novice Youth	18	Men	TEMP			34:27	7'56"	11.67	8:32	8:32	8:56	8:27
57	261	TENSER, Matias	Independent		British Columbia	Novice Adult	40	Men	TEMP			34:32	8'01"	11.64	9:20	8:34	8:23	8:15
58	236	JENKINS, Rod	Independent	Garibaldi Highlands	British Columbia	Novice Adult	64	Men	PR012344	CA	CAN	34:34	8'03"	11.63	9:32	8:19	8:20	8:23
59	258	VECCIES, Chris	Independent		British Columbia	Novice Adult	39	Men	BC011892	CA	CAN	34:34	8'04"	11.63	9:10	8:17	8:30	8:38
60	209	BAYARD, luke	DEVO pb Fortius		British Columbia	Novice Youth	13	Men	BC098490			35:32	9'02"	11.31	7:41	8:36	9:32	9:44



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61	333	COUSINEAU, Ryan	DEVO pb Fortius	Port Moody	British Columbia	Novice Adult	47	Men	BC090594	CA	CAN	35:38	9'07"	11.28	8:20	9:01	9:07	9:10
62	259	VARELA, Alberto	United Velo	Maple Ridge	British Columbia	Novice Adult	46	Men	BC012497	CA	CAN	26:31	-1 lap	11.37	9:25	8:38	8:29	
63	237	RICHARDSON, Haydn	Escape Velocity		British Columbia	Novice Adult	53	Men	PR011488	CA	CAN	26:57	-1 lap	11.18	9:04	8:50	9:03	
64	272	SUTHERLAND, Saul	Independent		British Columbia	Novice Adult	23	Men	TEMP	CA	CAN	27:06	-1 lap	11.13	9:17	8:46	9:03	
65	210	NABAVI, Cyrus	DEVO pb Fortius		British Columbia	Novice Youth	12	Men	PR011324	CA	CAN	100 845 902 46	27:50	-1 lap	10.83	8:55	8:57	9:58
66	248	TUCKER, Reid	Independent		British Columbia	Novice Adult	33	Men	TEMP			28:08	-1 lap	10.72	9:07	9:46	9:15	
67	219	CLARKE, Keigan	DEVO pb Fortius		British Columbia	Novice Youth	12	Men	PR011044	CA	CAN	28:40	-1 lap	10.52	9:54	9:13	9:33	
68	257	RAUCH, Matthew	Independent			Novice Youth	10	Men	TEMP			28:56	-1 lap	10.42	10:14	9:31	9:11	
69	215	SKIDMORE, Vohn	Ridge Meadows BMX	Pitt Meadows	British Columbia	Novice Youth	12	Men	BC99261	CA	CAN	100 488 526 18	28:58	-1 lap	10.41	9:32	9:13	10:14
70	246	ROBARTS, Scott	Independent		British Columbia	Novice Adult	49	Men	PR012405	CA	CAN	29:51	-1 lap	10.10	10:10	9:53	9:48	
71	252	GAUDET, Elijah	Independent			Novice Youth	11	Men	TEMP			30:31	-1 lap	9.88	10:13	9:56	10:22	
72	245	HUDSON KAM, Hadrian	Devo		British Columbia	Novice Youth	11	Men	BC99409	CA	CAN	100 762 521 85	34:16	-1 lap	8.80	10:13	11:24	12:38
73	251	FELL, Xavier	Devo		British Columbia	Novice Youth	12	Men	PR011910	CA	CAN	22:35	-2 laps	8.90	11:11	11:24		
74	249	FELL, David	Independent		British Columbia	Novice Adult	47	Men	BC012846	CA	CAN	23:17	-2 laps	8.63	11:34	11:44		
DNF	225	HO, Timothy	Just Giver 4PD / Richmond Flyers		British Columbia	Novice Adult	19	Men	PR011262	CA	CAN			11.92	7:20	9:32		
DNF	229	LOVETT, Matt	Independent		British Columbia	Novice Adult	59	Men	PR012059	CA	CAN			13.13	7:39			
DNF	274	SIMMONS, Jaiden	Independent		British Columbia	Novice Adult	24	Men	BC012793	CA	CAN			10.63	9:27			