



# LMCX-Race 5

## September 14, 2019

### Elite (Men)

winner: 56:49

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	7	SCOTT, Cody	Giant Canada	N. Vancouver	British Columbia	Elite Youth	18	Men	BC40353	CA	CAN 100 735 879 21	56:49		5:46	5:42	5:33	5:45	5:38	5:52	5:35	5:46	5:37	5:34
2	17	RICHEY, Craig	Garneau - Easton p/b Transitions Life Care	North Vancouver	British Columbia	Elite Adult	36	Men	BC092578	CA	CAN 100 055 314 08	56:54	0'05"	5:44	5:43	5:38	5:41	5:39	5:52	5:35	5:46	5:41	5:36
3	2	RODGERS, Lief	Cannondale, Daryl Evans Racing	Port Moody	British Columbia	Elite Youth	17	Men	BC099137	CA	CAN 100 488 961 65	57:36	0'47"	5:58	5:40	5:39	5:42	5:44	5:44	5:44	5:48	5:53	5:44
4	15	KILLAM, Nathan	Washed Up Racing	Vancouver	British Columbia	Elite Adult	34	Men	BC092806	CA	CAN 100 154 896 68	58:43	1'54"	6:00	5:42	5:43	5:48	5:53	5:52	5:50	5:58	5:54	6:05
5	16	KUPIAK, Nicholas	Naked Factory Racing	Qualicum Beach	British Columbia	Elite Adult	33	Men	BC098010	CA	CAN 100 514 927 35	58:43	1'54"	6:00	5:42	5:43	5:48	5:53	5:52	5:50	5:58	5:54	6:05
6	6	WELBOURN, Bob	Devo	North Vancouver	British Columbia	Elite Adult	49	Men	PR012232	CA	CAN 100 523 543 18	59:10	2'20"	5:49	5:45	5:47	5:55	5:58	6:00	6:01	6:00	6:00	5:56
7	5	RUBULIAK, noah	Red Devils Cycling Academy	kelowna	British Columbia	Elite Youth	15	Men	BC092524	CA	CAN 100 484 019 70	59:23	2'34"	6:02	5:47	5:58	5:55	6:00	5:51	6:01	5:54	5:57	5:58
8	20	KRYT, Garrett	Mighty Cycling	Vancouver	British Columbia	Elite Adult	29	Men	BC096308	CA	CAN 100 636 338 02	59:47	2'57"	6:09	6:09	6:09	6:09	6:09	5:48	5:07	5:49	6:37	5:42
9	10	MCBEATH, Evan	Cannondale pb Fortius	Vancouver	British Columbia	Elite Youth	18	Men	BC40613	CA	CAN 100 483 199 26	59:47	2'58"	5:52	5:46	5:49	6:02	6:03	6:03	6:03	6:03	6:04	6:04
10	13	EDWARDS, Marc	Mighty Cycling	VANCOUVER	British Columbia	Elite Adult	33	Men	PR011859	GBR	GBR 100 648 970 24	1:00:42	3'53"	6:14	5:52	5:55	6:03	5:59	5:59	5:58	5:57	6:01	6:46
11	12	CHADDOCK, Benjamin	Escape Velocity	Whistler	British Columbia	Elite Adult	35	Men	BC091116	CA	CAN 100 502 047 56	1:00:51	4'01"	6:09	5:52	5:59	6:51	5:58	6:06	6:03	5:57	5:59	5:56
12	19	WONG, Wai-Ben	Glotman Simpson Cycling	Vancouver	British Columbia	Elite Adult	39	Men	BC99010	CA	CAN 100 060 261 08	1:01:31	4'42"	6:10	5:59	5:58	6:08	6:07	6:15	6:12	6:15	6:11	6:16
13	88	SCHLOSSER, Colin	Independent		British Columbia	Elite Adult	31	Men	BC011749	CA	CAN 100 550 085 79	1:02:12	5'23"	6:19	6:03	6:04	6:11	6:17	6:14	6:23	6:14	6:13	6:14
14	18	SMITH, Kevin	Gastown Cycling Association	Vancouver	British Columbia	Elite Adult	31	Men	BC99740	CA	CAN 100 550 085 79	1:02:40	5'50"	5:58	6:04	6:17	6:14	6:24	6:29	6:11	6:23	6:25	6:14
15	21	HOLTHAM, Elliot	Independent		British Columbia	Elite Adult	36	Men	PR011093	CA	CAN 100 066 190 20	1:02:43	5'53"	6:23	6:06	6:15	6:14	6:12	6:18	6:19	6:16	6:21	6:18
16	14	SALES, Paul	Independent	Vancouver	British Columbia	Elite Adult	29	Men	BC098792	CA	CAN 100 652 833 07	1:03:28	6'38"	6:08	6:15	6:10	6:14	6:19	6:20	6:17	6:31	6:20	6:53
17	9	LOVETT, Jackson	Landyachtz Reform	burnaby	British Columbia	Elite Adult	30	Men	BC098750	GER	CAN 100 652 833 07	1:00:13	-1 lap	6:26	6:16	6:30	6:26	6:55	7:06	6:55	6:43	6:56	
18	22	GUSTAVS, Pelle	Victoria Wheelers	Sooke	British Columbia	Elite Adult	29	Men	PR012358	GER	CAN 100 655 274 23	56:08	-2 laps	6:52	6:53	6:48	6:48	7:04	7:19	7:22	7:02		
DNF	4	PETCH, Nico	Independent		British Columbia	Elite Adult	30	Men	PR011382	CA	CAN 100 655 274 23			6:32	6:07	6:17	7:10	7:04	7:18				
DNS	8	HOFFMAN, Jessy	Last Call Racing	Vancouver	British Columbia	Elite Adult	35	Men	BC098767														
DNS	11	MORRIS, Sam	Steed Cycles	West Vancouver	British Columbia	Elite Adult	25	Men	PR012394	CA	CAN 100 655 274 23												
DNS	31																						



# LMCX-Race 5

## September 14, 2019

### Master A (Men)

winner: 59:58

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10		
1	300	RODGERS, Jacob	Daryl Evans Racing	Port Moody	British Columbia	Master A	42	Men	BC092338	CA	CAN	100 507 402 76	59:58		6:02	5:54	5:50	5:56	5:49	6:00	6:03	6:07	6:11	6:05	
2	308	MARTINDALE, Graeme	TNA	Vancouver	British Columbia	Master A	44	Men	BC40252	CA	CAN	100 845 202 25	1:00:13	0'16"	6:01	5:56	5:47	5:57	5:57	6:21	6:02	6:07	6:00	6:06	
3	303	BIRKENBUJEL, James Cameron	Mighty Cycling	North Vancouver	British Columbia	Master A	46	Men	BC097823	US	USA	100 514 885 90	1:00:18	0'21"	6:13	5:53	5:56	6:03	6:01	6:05	5:57	6:06	6:03	6:02	
4	314	STURM, Sven	Trek Red Truck Racing P/B Mosaic Homes	North Vancouver	British Columbia	Master A	51	Men	PR011067	DE	GER		1:02:56	2'58"	6:13	6:09	6:14	6:14	6:24	6:20	6:20	6:25	6:14	6:23	
5	309	WHITEHEAD, Brett	Riverway Dental Racing	Comox	British Columbia	Master A	42	Men	BC096365	CA	CAN	100 659 011 74	1:02:56	2'58"	6:13	6:09	6:14	6:14	6:24	6:20	6:20	6:25	6:14	6:24	
6	306	SEAMANS, Jeremy	UBC Cycling Team	Squamish	British Columbia	Master A	52	Men	BC098296			100 577 840 92	1:03:01	3'03"	6:27	6:08	6:09	6:11	6:16	6:15	6:18	6:26	6:25	6:24	
7	315	NEWSOME, Ryan	Team Giant Vancouver	Port Moody	British Columbia	Master A	48	Men	BC093112	CA	CAN	100 584 759 27	57:12	-1 lap	6:09	6:12	6:14	6:21	6:18	6:22	6:28	6:39	6:29		
8	310	OLDENBURG, Mark	TC Cycling Club Society	Coquitlam	British Columbia	Master A	52	Men	PR011184	CA	CAN	100 648 476 15	57:23	-1 lap	6:33	6:10	6:19	6:14	6:15	6:20	6:17	6:27	6:48		
9	316	BROOMHAM, Dean	Langlois Brown Racing	Kelowna	British Columbia	Master A	45	Men	BC99291	NZ	NZL	100 462 568 56	57:23	-1 lap	6:09	6:12	6:14	6:21	6:18	6:22	6:28	6:39	6:39		
10	305	DEVANTIER, Steve	Team Giant Vancouver	Maple Ridge	British Columbia	Master A	41	Men	BC092318	CA	CAN	100 596 713 50	57:40	-1 lap	6:32	6:15	6:22	6:19	6:21	6:24	6:26	6:34	6:28		
11	313	SUMMERS, ANDREW	Mighty Cycling	Vancouver	British Columbia	Master A	50	Men	BC096361	CA	CAN	100 519 135 72	57:58	-1 lap	6:24	6:13	6:12	6:22	6:24	6:38	6:39	6:37	6:29		
12	301	BATES, Dustin	Red Devils Cycling Academy		British Columbia	Master A	44	Men	BC098119			100 519 145 82	58:03	-1 lap	6:29	6:15	6:21	6:22	6:25	6:30	6:36	6:35	6:30		
13	342	SZOPA, Dominik	Crossroad Racing	Vancouver	British Columbia	Master A	45	Men	PR011671	CA	CAN		58:15	-1 lap	6:40	6:18	6:18	6:27	6:22	6:29	6:38	6:37	6:27		
14	302	KAM, Chris	Mighty Cycling		British Columbia	Master A	51	Men	BC99410	CA	CAN	100 762 522 86	59:16	-1 lap	6:48	6:22	6:29	6:30	6:32	6:34	6:37	6:42	6:42		
15	304	DE VISSER, Kevin	Independent		British Columbia	Master A	43	Men	PR011286	CA	CAN		1:00:41	-1 lap	6:44	6:30	6:39	6:38	6:44	6:48	6:49	5:01	8:48		
DNF	312	ANDERSON, Quinn	Mighty Cycling	Richmond	British Columbia	Master A	45	Men	BC091922	CA	CAN	100 548 255 92			6:41	6:32	6:36	6:40	6:43	6:36	6:53	6:52			
DNF	307	MCGREGOR, Scott	Steed Cycles	North Vancouver	British Columbia	Master A	44	Men	PR012148	CA	CAN	100 538 029 51			6:36	6:32	6:43	6:46	6:49	6:45					
DNS	311	HEMMINGSON, Drew	PenderFund p/b Neighbourhood Holdings	North Vancouver	British Columbia	Master A	55	Men	BC99275	CA	CAN	100 438 439 80													



# LMCX-Race 5

## September 14, 2019

### Elite (Women)

winner: 45:06

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	269	OUELLET, Anne	Fluevog's Crit Nasty	Vancouver	British Columbia	Elite Adult	37	Women	BC99008	🇨🇦	CAN 100 161 355 28	45:06		5:24	6:29	6:37	6:35	6:40	6:45	6:36
2	211	BROOMHAM, Helena	Independent			Elite Adult	37	Women	BC40477			45:32	0'25"	5:40	6:27	6:38	6:43	6:41	6:43	6:40
3	200	WELBOURN, Kelly	Steed Cycles	North Vancouver	British Columbia	Elite Adult	50	Women	BC095699	🇨🇦	CAN 100 965 466 09	47:07	2'00"	5:47	6:50	6:54	6:53	6:52	6:53	6:58
4	202	SEAWARD, Dayna	Last Call Racing	Vancouver	British Columbia	Elite Adult	36	Women	BC098766		100 655 256 05	47:54	2'48"	5:59	6:48	6:53	7:01	7:14	7:09	6:51
5	206	FEDERAU, Melanie	Independent			Elite Adult	40	Women	PR012195	🇨🇦	CAN	47:56	2'49"	6:03	6:49	6:49	6:58	7:09	7:07	7:01
6	203	SHALAGAN, Brittany	Naked Factory Racing			Elite Adult	30	Women	PR011001	🇨🇦	CAN	48:58	3'52"	6:07	7:02	7:11	7:05	7:21	7:17	6:55
7	208	CARON, Joanie	Fluevog's Crit Nasty	Burnaby	British Columbia	Elite Adult	36	Women	BC000732	🇨🇦	CAN 100 045 263 45	49:07	4'01"	6:04	6:52	7:05	7:06	7:19	7:23	7:17
8	210	BURLEY, Andrea	Daryl Evans Racing			Elite Adult	26	Women	BC40808	🇨🇦	CAN 100 160 065 96	49:28	4'22"	7:04	7:04	7:04	7:04	7:04	7:04	7:04
9	207	UJFALUSI, Lilly	Cannondale pb Fortius	New Westminster	British Columbia	Elite Youth	17	Women	BC090057	🇨🇦	CAN 100 462 539 27	50:26	5'19"	5:58	6:51	7:06	7:26	7:44	7:48	7:33
10	209	RUSSELL, Carolyn	PenderFund p/b Neighbourhood Holdings	Vancouver	British Columbia	Elite Adult	46	Women	BC99629	🇨🇦	CAN 100 588 252 28	51:01	5'54"	6:16	7:01	7:25	7:25	7:32	7:53	7:28
11	205	KENNING, Caroline	Mighty Cycling	Vancouver	British Columbia	Elite Adult	35	Women	BC98837	🇨🇦	CAN 100 724 084 60	51:41	6'34"	6:12	7:17	7:32	7:36	7:56	7:36	7:31
12	204	BORSOI, Alicia	Daryl Evans Racing			Elite Adult	34	Women	BC090454X	🇨🇦	CAN 100 408 900 29	52:07	7'00"	6:16	7:29	7:49	7:38	7:39	7:29	7:47
13	201	TROYER, Pamela	Mighty Cycling	Vancouver	British Columbia	Elite Adult	32	Women	BC098228	🇨🇦	CAN 100 547 968 96	45:55	-1 lap	6:46	7:41	7:36	7:43	7:57	8:11	