



# LMCX-Elite

## September 22, 2019

### Elite (Men)

26.00 km, 1st lap 2.00 km, 6 more laps of 4.00 km, winner: 1:05:36 - 23.78 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	17	RICHEY, Craig	Garneau - Easton p/b Transitions Life Care	North Vancouver	British Columbia	Elite Adult	36	Men	BC092578	CA	CAN 100 055 314 08	1:05:36		23.78	5:06	9:55	9:59	10:05	9:52	10:20	10:19
2	7	SCOTT, Cody	Giant Canada	N. Vancouver	British Columbia	Elite Youth	18	Men	BC40353	CA	CAN 100 735 879 21	1:07:19	1'44"	23.17	4:58	10:03	9:57	10:19	10:19	10:42	11:02
3	20	KRYT, Garrett	Mighty Cycling	Vancouver	British Columbia	Elite Adult	29	Men	BC096308	CA	CAN 100 636 338 02	1:08:35	2'59"	22.75	5:27	10:06	10:16	10:32	10:32	10:51	10:51
4	13	EDWARDS, Marc	Mighty Cycling	VANCOUVER	British Columbia	Elite Adult	33	Men	PR011859	GB	GBR 100 648 970 24	1:09:49	4'14"	22.34	5:11	10:15	10:26	10:54	10:54	11:04	11:05
5	16	KUPIAK, Nicholas	Naked Factory Racing	Qualicum Beach	British Columbia	Elite Adult	33	Men	BC098010	CA	CAN 100 514 927 35	1:10:15	4'39"	22.21	5:10	10:28	10:35	10:52	10:52	11:10	11:07
6	25	MITCHELL, Davey	Independent	North Vancouver	British Columbia	Elite Adult	36	Men	BC006589	CA	CAN	1:12:48	7'12"	21.43	5:32	10:50	11:04	11:04	11:11	11:37	11:30
7	18	SMITH, Kevin	Gastown Cycling Association	Vancouver	British Columbia	Elite Adult	31	Men	BC99740	CA	CAN 100 550 085 79	1:13:00	7'25"	21.37	5:28	10:54	11:03	11:17	11:33	11:23	11:22
8	12	CHADDOCK, Benjamin	Escape Velocity	Whistler	British Columbia	Elite Adult	35	Men	BC091116	CA	CAN 100 502 047 56	1:13:47	8'12"	21.14	5:39	10:57	11:07	11:16	11:23	11:26	11:59
9	19	WONG, Wai-Ben	Glotman Simpson Cycling	Vancouver	British Columbia	Elite Adult	39	Men	BC99010	CA	CAN 100 060 261 08	1:14:02	8'26"	21.07	5:16	11:17	11:13	11:19	11:34	11:32	11:50
10	2	RODGERS, Lief	Cannondale, Daryl Evans Racing	Port Moody	British Columbia	Elite Youth	17	Men	BC099137	CA	CAN 100 488 961 65	1:14:11	8'35"	21.03	4:59	10:04	10:27	11:00	11:00	13:31	13:12
11	69	HORNLAND, Matthew	Mighty Cycling	Vancouver	British Columbia	Elite Adult	37	Men	BC097960	CA	CAN 100 490 874 38	1:15:17	9'42"	20.72	5:24	11:01	11:20	11:33	11:55	11:47	12:18
12	21	HOLTHAM, Elliot	Independent		British Columbia	Elite Adult	36	Men	PR012433	CA	CAN	1:17:09	11'33"	20.22	5:41	11:05	11:14	11:50	12:09	12:38	12:31
13	10	MCBEATH, Evan	Cannondale pb Fortius	Vancouver	British Columbia	Elite Youth	18	Men	BC40613	CA	CAN 100 483 199 26	1:17:11	11'36"	20.21	5:23	11:11	11:28	11:37	11:57	12:48	12:48
14	9	LOVETT, Jackson	Landyachtz Reform	burnaby	British Columbia	Elite Adult	30	Men	BC098750		100 652 833 07	1:06:19	-1 lap	19.91	5:32	11:37	11:56	12:16	12:20	12:38	
15	4	PETCH, Nico	Independent		British Columbia	Elite Adult	30	Men	PR011382	CA	CAN	1:09:17	-1 lap	19.05	5:59	12:16	12:11	12:36	13:11	13:02	
16	11	MORRIS, Sam	Steed Cycles	West Vancouver	British Columbia	Elite Adult	25	Men	PR012394	CA	CAN	1:11:04	-1 lap	18.57	5:42	12:18	12:34	13:24	13:20	13:46	
DNF	23	GILL, grant	Steed Cycles	Vancouver	British Columbia	Elite Adult	20	Men	BC098189	CA	CAN 100 543 370 57			20.48	5:44	11:09	11:53	12:04	11:53		
DNF	24	COX, Seth	Kona Factory Team	North Vancouver	British Columbia	Elite Adult	26	Men	PR011128	CA	CAN 100 500 693 60			21.75	5:31	11:02					



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September 22, 2019

Master A (Men)

18.00 km, 1st lap 2.00 km, 4 more laps of 4.00 km, winner: 48:51 - 22.11 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	303	BIRKENBUEL, James Cameron	Mighty Cycling	North Vancouver	British Columbia	Master A	46	Men	BC097823	USA	100 514 885 90	48:51		22.11	6:06	10:38	10:48	10:46	10:33
2	308	MARTINDALE, Graeme	TNA	Vancouver	British Columbia	Master A	44	Men	BC40252	CAN	100 845 202 25	49:01	0'11"	22.03	6:05	10:39	10:46	10:47	10:45
3	319	WELBOURN, Bob	Devo	North Vancouver	British Columbia	Master A	49	Men	PR012232	CAN	100 523 543 18	50:12	1'22"	21.51	6:08	11:58	10:33	10:46	10:48
4	314	STURM, Sven	Trek Red Truck Racing P/B Mosaic Homes	North Vancouver	British Columbia	Master A	51	Men	BC40348	GER	100 042 106 89	50:15	1'24"	21.50	6:12	10:52	11:05	10:58	11:07
5	300	RODGERS, Jacob	Daryl Evans Racing	Port Moody	British Columbia	Master A	42	Men	BC092338	CAN	100 507 402 76	52:24	3'34"	20.61	6:10	11:25	11:13	11:37	11:59
6	310	OLDENBURG, Mark	TC Cycling Club Society	Coquitlam	British Columbia	Master A	52	Men	PR011184	CAN	100 648 476 15	52:54	4'03"	20.42	6:20	11:08	11:38	11:44	12:02
7	320	WEGNER, Michael	Langlois Brown Racing	North Vancouver	British Columbia	Master A	41	Men	BC99649	CAN	100 596 976 22	53:35	4'44"	20.16	6:22	11:18	11:42	11:54	12:19
8	305	DEVANTIER, Steve	Team Giant Vancouver	Maple Ridge	British Columbia	Master A	41	Men	BC092318	CAN	100 596 713 50	53:46	4'55"	20.09	6:24	11:54	12:01	11:33	11:54
9	313	SUMMERS, ANDREW	Mighty Cycling	Vancouver	British Columbia	Master A	50	Men	BC096361	CAN	100 519 135 72	54:22	5'31"	19.87	6:27	11:29	11:50	12:12	12:23
10	315	NEWSOME, Ryan	Team Giant Vancouver	Port Moody	British Columbia	Master A	48	Men	BC093112	CAN	100 584 759 27	55:22	6'32"	19.51	6:25	11:54	12:01	12:25	12:37
11	321	ELLIOTT, GAVIN	Daryl Evans Racing	surrey	British Columbia	Master A	50	Men	PR010139	CAN	100 571 566 26	55:29	6'39"	19.46	6:43	11:58	12:12	12:18	12:18
12	312	ANDERSON, Quinn	Mighty Cycling	Richmond	British Columbia	Master A	45	Men	BC091922	CAN	100 548 255 92	56:03	7'12"	19.27	6:29	11:45	12:11	12:45	12:53
13	318	LAWSON, Edward	Daryl Evans Racing	north vancouver	British Columbia	Master A	51	Men	PR011816	CAN	100 590 484 29	56:21	7'31"	19.16	6:31	12:18	12:35	12:23	12:34
14	302	KAM, Chris	Mighty Cycling		British Columbia	Master A	51	Men	BC99410	CAN	100 762 522 86	57:12	8'21"	18.88	6:46	12:23	12:16	12:43	13:04
15	311	HEMMINGSON, Drew	PenderFund p/b Neighbourhood Holdings	North Vancouver	British Columbia	Master A	55	Men	BC99275	CAN	100 438 439 80	57:54	9'03"	18.66	6:28	11:59	12:03	12:19	15:05
16	317	SAYERS, Chris	Independent	Vancouver	British Columbia	Master A	55	Men	PR011095	CAN		54:19	-2 laps	11.05	7:38	13:54	32:46		
DNF	306	SEAMANS, Jeremy	UBC Cycling Team	Squamish	British Columbia	Master A	52	Men	BC098296		100 577 840 92			19.37	6:12	12:24			
DNS	304	DE VISSER, Kevin	Independent		British Columbia	Master A	43	Men	PR011286	CAN									



# LMCX-Elite

## September 22, 2019

### Elite (Women)

winner: 57:57

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	
1	210	BUSH, Elle	TaG Cycling, TaG Cycling Race Team	Langley	British Columbia	Elite Youth	18	Women	BC40512	CA	CAN	100 488 784 82	57:57		7:21	12:30	12:39	12:39	12:48
2	269	OUELLET, Anne	Fluevog's Crit Nasty	Vancouver	British Columbia	Elite Adult	37	Women	BC99008	CA	CAN	100 161 355 28	58:32	0'34"	7:20	12:40	12:41	12:41	13:11
3	204	GIN, Elizabeth	Cannondale pb Fortius	Surrey	British Columbia	Elite Youth	19	Women	BC090093	CA	CAN	100 500 500 61	58:36	0'38"	7:22	12:35	12:51	12:51	12:57
4	200	WELBOURN, Kelly	Steed Cycles	North Vancouver	British Columbia	Elite Adult	50	Women	BC095699	CA	CAN	100 965 466 09	59:46	1'48"	7:06	12:40	13:09	13:09	13:42
5	211	BROOMHAM, Helena	Independent		British Columbia	Elite Adult	37	Women	BC40477	CA	CAN		1:00:07	2'09"	7:16	12:52	13:16	13:16	13:27
6	207	UJFALUSI, Lilly	Cannondale pb Fortius	New Westminster	British Columbia	Elite Youth	17	Women	BC090057	CA	CAN	100 462 539 27	1:00:58	3'01"	7:28	12:21	13:46	13:46	13:37
7	202	SEAWARD, Dayna	Last Call Racing	Vancouver	British Columbia	Elite Adult	36	Women	BC098766			100 655 256 05	1:01:49	3'51"	7:28	13:16	13:34	13:34	13:57
8	201	RODGERS, Geza	Devo	Port Moody	British Columbia	Elite Youth	14	Women	BC091774	CA	CAN	100 500 884 57	1:02:22	4'24"	7:22	13:16	13:52	13:38	14:12
9	203	SHALAGAN, Brittany	Naked Factory Racing		British Columbia	Elite Adult	30	Women	PR012435	CA	CAN		1:02:47	4'50"	7:20	13:27	14:00	14:00	14:00
10	206	LEHMANN, Jenny	Independent	Vancouver	British Columbia	Elite Adult	33	Women	PR011599	CA	CAN		1:03:32	5'34"	7:53	14:02	13:51	13:51	13:55
11	209	RUSSELL, Carolyn	PenderFund p/b Neighbourhood Holdings	Vancouver	British Columbia	Elite Adult	46	Women	BC99629	CA	CAN	100 588 252 28	1:04:56	6'59"	7:53	13:44	14:15	14:15	14:50
12	208	ANDERSON, Claire	Super Vacation	Vancouver	California	Elite Adult	25	Women	BC097283	CA	CAN	100 569 954 63	1:05:15	7'18"	8:00	13:43	14:13	14:13	15:06
13	292	ADSIT-MORRIS, Chessa	Independent	Vancouver	BC	Elite Adult	37	Women	BC000193	US	USA		1:06:12	8'15"	8:45	14:31	13:57	14:08	14:52
14	205	KENNING, Caroline	Mighty Cycling	Vancouver	British Columbia	Elite Adult	35	Women	BC98837	CA	CAN	100 724 084 60	1:08:55	10'58"	8:06	14:43	15:04	15:07	15:55
DNF	212	BENDLE, Nichola	Mighty Cycling		British Columbia	Elite Adult	30	Women	BC40734	CA	CAN	100 907 584 36			7:31	8:38			