



LMCX-Women

September 22, 2019

Intermediate (Women)

14.00 km, 1st lap 2.00 km, 3 more laps of 4.00 km, winner: 41:30 - 20.24 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	718	LOWE, Marin	Team Squamish		British Columbia	Intermediate Youth	15	Women	BC40329	🇨🇦 CAN	100 866 743 32	41:30		20.24	6:34	11:40	11:47	11:29
2	719	COPELAND, Erin	Independent	SQUAMISH	British Columbia	Intermediate Adult	35	Women	BC006411	🇨🇦 CAN		44:09	2'40"	19.03	7:01	12:10	12:22	12:36
3	700	POLLOCK, Madeleine	Devo		British Columbia	Intermediate Youth	15	Women	BC99863		100 802 402 02	46:12	4'42"	18.18	6:56	12:48	13:23	13:05
4	717	CAROLAN, Erin	Last Call Racing	Vancouver	British Columbia	Intermediate Adult	30	Women	PR012439	🇨🇦 CAN		46:27	4'57"	18.08	7:31	13:05	12:57	12:54
5	710	FIX, Sarah	Last Call Racing		British Columbia	Intermediate Adult	34	Women	PR012423	🇨🇦 CAN		46:50	5'20"	17.94	8:07	12:48	13:00	12:54
6	749	MARSHALL, Lauren	Mighty Cycling	Vancouver	British Columbia	Intermediate Adult	32	Women	BC98922	🇨🇦 CAN	100 514 928 36	46:50	5'20"	17.94	8:07	12:48	13:00	12:54
7	713	PHILP, Aja	Independent	Cultus Lake	British Columbia	Intermediate Adult	38	Women	TEMP	🇨🇦 CAN		47:18	5'48"	17.76	8:03	13:13	13:04	12:58
8	714	MAYER, Tennessee	Liv cycling Vancouver		British Columbia	Intermediate Adult	26	Women	TEMP	🇨🇦 CAN		47:38	6'09"	17.63	7:25	12:57	13:35	13:41
9	726	LEBLOND, Lianne	Gastown Cycling Association	Vancouver	British Columbia	Intermediate Adult	36	Women	BC99688	🇨🇦 CAN	100 637 687 90	48:18	6'48"	17.39	7:23	13:23	13:29	14:03
10	701	MACDONALD, Kelsey	Fluevog's Crit Nasty	Pitt Meadows	British Columbia	Intermediate Adult	24	Women	BC99464	🇨🇦 CAN	100 095 893 41	49:11	7'42"	17.08	7:07	14:37	13:22	14:05
11	705	RANKIN, Emily	Independent		British Columbia	Intermediate Adult	33	Women	PR012330	🇨🇦 CAN		49:33	8'03"	16.95	7:40	13:51	14:26	13:36
12	711	CZEMBOR, Christina	Last Call Racing	Vancouver	British Columbia	Intermediate Adult	39	Women	PR012372	🇨🇦 CAN		50:47	9'17"	16.54	8:07	13:57	14:25	14:18
13	716	LENGERT, Kelsie	CCN Bikes	North Vancouver	British Columbia	Intermediate Adult	35	Women	PR012386	🇨🇦 CAN		51:08	9'39"	16.43	7:34	14:26	14:41	14:27
14	715	VON BLOEDAU, Lindsey	Steed Cycles	Vancouver	British Columbia	Intermediate Adult	30	Women	BC090599	🇨🇦 CAN	100 610 781 53	52:11	10'41"	16.10	8:02	14:19	14:49	15:01
15	712	WILLOBEE, Emily	Mighty Cycling	Vancouver	British Columbia	Intermediate Adult	37	Women	PR011432	🇺🇸 USA		52:12	10'42"	16.09	8:03	14:25	14:57	14:47
16	706	HORVÁTH, Anna	Last Call Racing		British Columbia	Intermediate Adult	38	Women	PR011693	🇨🇦 CAN		52:15	10'46"	16.08	8:11	14:21	15:10	14:33



LMCX-Women
September 22, 2019
Master (Women)

14.00 km, 1st lap 2.00 km, 3 more laps of 4.00 km, winner: 43:17 - 19.41 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	
1	810	GAGNON, Anne-marie	Liv cycling	Vancouver	British Columbia	Master	46	Women	BC096406		100 660 490 01	43:17		19.41	6:47	12:11	12:07	12:11	
2	806	SHEEL, Jenniffer	Lotus Cycling Club	Vancouver	British Columbia	Master	48	Women	PR011403	CA	CAN	43:35	0'18"	19.27	7:13	12:04	12:05	12:12	
3	805	FINKENBINE, Jennifer	Steed Cycles	North Vancouver	British Columbia	Master	48	Women	PR011480	CA	CAN	43:58	0'42"	19.11	6:51	12:09	12:21	12:37	
4	800	CAMPBELL, Kristin	Just Giver 4PD	North Vancouver	British Columbia	Master	46	Women	PR011315	CA	CAN	44:36	1'20"	18.83	7:08	12:19	12:25	12:45	
5	802	RODGERS, Trisha	Daryl Evans Racing		British Columbia	Master	42	Women	PR011485	CA	CAN	45:22	2'06"	18.51	6:59	12:28	12:46	13:10	
6	809	HUTTON, Stacey	Mighty Cycling	Vancouver	British Columbia	Master	47	Women	PR011123	CA	CAN	49:55	6'39"	16.83	7:37	13:38	14:14	14:26	
7	813	SHEFFER, Megan	Independent	Vancouver	British Columbia	Master	48	Women	PR012354	CA	CAN	51:38	8'22"	16.27	8:04	14:14	14:27	14:54	
8	803	HUDSON, Carla	Kits Energy	Vancouver	British Columbia	Master	50	Women	BC096519	CA	CAN	100 482 980 01	51:38	8'22"	16.27	8:04	14:14	14:27	14:54
9	811	SCHINNERL, Sandra	Escape Velocity		British Columbia	Master	52	Women	PR011476	CA	CAN		52:00	8'44"	16.15	8:20	14:31	14:25	14:44
10	808	LAUZON, Chantal	Steed Cycles	North Vancouver	British Columbia	Master	47	Women	BC092426	CA	CAN	100 548 790 45	40:26	-1 lap	14.84	8:25	15:42	16:19	
11	814	GIN, Rosemary	Escape Velocity		British Columbia	Master	60	Women	BC098303		100 564 038 64	41:35	-1 lap	14.43	9:05	15:59	16:31		
12	812	NEALE, Mackenzie	Independent	Coquitlam	British Columbia	Master	44	Women	PR011453	CA	CAN		43:47	-1 lap	13.70	9:19	16:26	18:03	
DNS	807	KAUFMAN, Carmen	Independent			Master	51	Women	TEMP										



LMCX-Women

September 22, 2019

Novice (Women)

10.00 km, 1st lap 2.00 km, 2 more laps of 4.00 km, winner: 35:00 - 17.14 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	
1	615	SWIERENGA, Sidney	Independent		British Columbia	Novice Youth	13	Women	PR011425	CA	CAN	35:00		17.14	8:31	12:50	13:39	
2	618	DREVER, Christy	Independent		British Columbia	Novice Adult	32	Women	TEMP	CA	CAN	35:14	0'14"	17.03	8:33	13:23	13:18	
3	666	MACOVICIUC, Lavinia	Independent		British Columbia	Novice Adult	26	Women	TEMP			35:44	0'45"	16.79	7:45	14:13	13:46	
4	604	BOW, Laura	Independent			Novice Adult	31	Women	TEMP			36:05	1'05"	16.63	8:29	13:51	13:45	
5	649	AUDET, Sophie	Independent		British Columbia	Novice Adult	32	Women	TEMP	CA	CAN	36:43	1'43"	16.34	8:29	14:00	14:14	
6	611	KONG, Gowa	Glotman Simpson Cycling		British Columbia	Novice Adult	49	Women	PR011438	CA	CAN	36:58	1'58"	16.23	8:03	14:12	14:43	
7	606	KERZNER, Chloe	Independent		British Columbia	Novice Adult	29	Women	TEMP			37:08	2'09"	16.16	8:29	14:26	14:13	
8	617	SEGELKEN, Anna	Independent		British Columbia	Novice Youth	13	Women	BC41150	CA	CAN	100 971 615 47	37:36	2'36"	15.96	8:28	14:43	14:25
9	601	BRUCCULIERI, Diana	Independent	Garibaldi Highlands	British Columbia	Novice Adult	33	Women	TEMP	CA	CAN	37:36	2'36"	15.96	8:28	14:43	14:25	
10	613	HOLM, Nocolle	Landyachtz Reform		British Columbia	Novice Adult	35	Women	BC012857	CA	CAN	37:41	2'42"	15.92	8:31	14:26	14:44	
11	609	SCOTT, Andrea	Steed Cycles	North Vancouver	British Columbia	Novice Adult	56	Women	PR011225	CA	CAN	100 486 052 66	37:43	2'44"	15.91	8:29	14:54	14:20
12	607	MACPHERSON, Jennifer	Glotman Simpson Cycling	Vancouver	British Columbia	Novice Adult	52	Women	BC007786	CA	CAN	37:57	2'58"	15.81	8:57	14:35	14:25	
13	623	SUTHERLAND, Jeneen	Independent		British Columbia	Novice Adult	46	Women	TEMP	CA	CAN	38:10	3'11"	15.72	8:15	14:50	15:05	
14	614	RAY, Anita	Independent		British Columbia	Novice Adult	29	Women	TEMP	CA	CAN	39:31	4'31"	15.18	8:47	15:29	15:15	
15	619	KAUFMANN, Carmen	Independent		British Columbia	Novice Adult	51	Women	TEMP	CA	CAN	39:45	4'46"	15.09	8:46	15:39	15:20	
16	612	WELBOURN, Lisa	Independent		British Columbia	Novice Adult	52	Women	TEMP			39:51	4'52"	15.06	8:57	15:05	15:49	
17	608	BARR, Lacee	Independent		British Columbia	Novice Adult	32	Women	TEMP			39:56	4'57"	15.02	9:45	15:12	14:59	
18	621	KENNEDY, Marylin	Independent	squamish	bc	Novice Adult	42	Women	TEMP	CA	CAN	40:04	5'04"	14.98	9:02	15:24	15:38	
19	622	HARRIMAN, Allison	Independent		British Columbia	Novice Adult	39	Women	TEMP	CA	CAN	42:08	7'08"	14.24	9:12	16:09	16:46	
20	603	BARREIRA, Dawn-Marie	Glotman Simpson Cycling	Vancouver	British Columbia	Novice Adult	32	Women	PR011494	CA	CAN	100 488 769 67	26:15	-1 lap	13.71	9:09	17:06	
21	610	NORMANDIN, Mylene	Phoenix Velo Training Group		British Columbia	Novice Adult	40	Women	PR011049	CA	CAN	27:31	-1 lap	13.08	9:58	17:34		
22	699	HARRISON, Gail	Crossroad Racing	North Vancouver	British Columbia	Novice Adult	51	Women	PR011544	CA	CAN	100 525 101 24	28:35	-1 lap	12.59	10:01	18:34	
23	620	CHENG, Olivia	Crossroad Racing	Vancouver	British Columbia	Novice Adult	33	Women	PR012351	CA	CAN	28:41	-1 lap	12.55	9:50	18:51		
24	616	MASTERMAN, Stephanie	Independent	Vancouver	British Columbia	Novice Adult	51	Women	BC009382	CA	CAN	10:45	-2 laps	11.15	10:45			
DNS	602	TURNER, Jennifer L.	Independent		British Columbia	Novice Adult	42	Women	TEMP									
DNS	605	WALLIN, Caitlin	DEVO pb Fortius	North Vancouver	British Columbia	Novice Adult	20	Women	BC99004	CA	CAN	100 502 011 20						
DNS	698	LOWE, Kate	Independent			Novice Youth	10	Women	TEMP									