



LMCX-Women

October 26, 2019

Intermediate (Women)

winner: 44:52

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	727	WALLIN, Caitlin	DEVO pb Fortius	North Vancouver	British Columbia	Intermediate Adult	18	Women	BC99004	CA	100 502 011 20	44:52		5:36	5:33	5:40	5:35	5:37	5:37	5:43	5:31
2	700	POLLOCK, Madeleine	Devo		British Columbia	Intermediate Youth	15	Women	BC99863		100 802 402 02	45:34	0'43"	5:38	5:32	5:41	5:47	5:43	5:50	5:43	5:40
3	701	MACDONALD, Kelsey	Fluevog's Crit Nasty	Pitt Meadows	British Columbia	Intermediate Adult	24	Women	BC99464	CA	100 095 893 41	45:54	1'02"	5:59	5:43	5:40	5:43	5:40	5:47	5:42	5:40
4	732	HOWARD, Lisa	Independent	Vancouver	BC	Intermediate Adult	39	Women	BC094713	CA	100 519 962 26	45:55	1'03"	5:56	5:49	5:43	5:40	5:41	5:46	5:42	5:38
5	731	CANNING, Rachel	Levine Law Group p/b Huseby.com	Bowen Island	British Columbia	Intermediate Adult	31	Women	BC98847	CA	100 596 998 44	47:09	2'17"	6:03	5:51	5:54	5:50	5:58	5:51	5:50	5:51
6	708	COLES-LYSTER, Kaelen	TaG Cycling Race Team	Maple Ridge	British Columbia	Intermediate Adult	18	Women	BC99120	CA	100 559 319 01	47:44	2'52"	7:25	5:42	5:37	5:38	5:42	5:53	5:57	5:50
7	705	RANKIN, Emily	Independent		British Columbia	Intermediate Adult	33	Women	PR012330	CA		48:33	3'42"	6:04	5:47	5:54	6:05	6:19	6:06	6:07	6:11
8	728	GEISEL, Lindsay	Independent		Alberta	Intermediate Adult	31	Women	BC011554			48:46	3'54"	6:19	5:53	5:55	6:05	6:03	6:10	6:16	6:05
9	729	SWIERENGA, Sidney	Independent		British Columbia	Intermediate Youth	13	Women	PR011425	CA		50:20	5'29"	6:22	6:03	6:07	6:05	6:15	6:39	6:34	6:17
10	725	HOLMES, Meghan	Cannondale pb Fortius	BURNABY	British Columbia	Intermediate Adult	17	Women	BC090346	CA	100 500 798 68	46:07	-1 lap	6:19	6:36	6:17	6:51	6:44	6:51	6:28	



LMCX-Women
October 26, 2019
Master (Women)
winner: 46:35

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	
1	802	RODGERS, Trisha	Daryl Evans Racing		British Columbia	Master	42	Women	PR011485	CA	CAN	46:35		5:58	5:56	5:46	5:50	5:45	5:49	5:51	5:40	
2	805	FINKENBINE, Jennifer	Steed Cycles	North Vancouver	British Columbia	Master	48	Women	PR011480	CA	CAN	46:37	0'02"	5:39	6:17	5:44	5:45	5:48	5:51	5:48	5:44	
3	813	SHEFFER, Megan	Independent	Vancouver	British Columbia	Master	48	Women	PR012354	CA	CAN	47:27	0'51"	6:15	5:49	5:45	5:47	5:48	6:01	6:01	6:01	
4	817	CRIPPS, Stephanie	Daryl Evans Racing	north vancouver	British Columbia	Master	51	Women	PR012180	CA	CAN	100 603 463 10	48:47	2'11"	5:59	6:00	6:00	6:07	6:11	6:12	6:17	6:02
5	803	HUDSON, Carla	Kits Energy	Vancouver	British Columbia	Master	50	Women	BC096519	CA	CAN	100 482 980 01	50:12	3'37"	6:13	6:19	6:11	6:23	6:18	6:22	6:25	6:01
6	814	GIN, Rosemary	Escape Velocity		British Columbia	Master	60	Women	BC098303			100 564 038 64	46:04	-1 lap	6:27	6:32	6:34	6:30	6:40	6:48	6:31	



LMCX-Women

October 26, 2019

Novice (Women)

winner: 29:10

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	602	MAUVE, Leroy	Independent			Novice Adult	46	Women	TEMP			29:10		5:56	5:50	5:50	5:49	5:46
2	666	MACOVICIUC, Lavinia	Independent		British Columbia	Novice Adult	26	Women	TEMP			30:07	0'56"	5:53	6:01	5:58	6:03	6:11
3	606	KERZNER, Chloe	Independent		British Columbia	Novice Adult	29	Women	TEMP			30:20	1'10"	5:43	6:06	6:28	6:04	6:00
4	603	PELLICANO, Linda	Independent			Novice Adult	51	Men	TEMP			30:21	1'10"	6:06	6:03	6:03	6:06	6:02
5	600	LEBRUN, Vanessa	Independent			Novice Adult	31	Women	TEMP			30:23	1'13"	6:04	6:05	6:05	6:07	6:03
6	617	SEGELKEN, Anna	Independent		British Columbia	Novice Youth	13	Women	BC41150	CA	CAN 100 971 615 47	30:54	1'43"	6:13	6:07	6:04	6:18	6:13
7	607	MACPHERSON, Jennifer	Glotman Simpson Cycling	Vancouver	British Columbia	Novice Adult	52	Women	BC007786	CA	CAN	30:57	1'46"	6:10	6:16	6:17	6:09	6:05
8	601	SUTHERLAND, Jeneen	Independent		British Columbia	Novice Adult	46	Women	TEMP	CA	CAN	31:05	1'54"	5:57	6:18	6:19	6:19	6:12
9	608	HOLM, Nicole	Landyachtz Reform		British Columbia	Novice Adult	35	Women	BC012857	CA	CAN	31:20	2'10"	6:11	6:09	6:18	6:21	6:22
10	609	BARR, Lacey	Independent		British Columbia	Novice Adult	32	Women	TEMP			32:10	3'00"	6:24	6:22	6:22	6:36	6:26
11	604	BOWEN, Meryn	Independent	Vancouver	British Columbia	Novice Adult	40	Women	BC001458XXX	CA	CAN	32:37	3'27"	6:26	6:35	6:40	6:30	6:26
12	619	KAUFMANN, Carmen	Independent		British Columbia	Novice Adult	51	Women	PR012458	CA	CAN	33:13	4'03"	6:19	6:34	6:39	6:56	6:45
13	610	NORMANDIN, Mylene	Phoenix Velo Training Group		British Columbia	Novice Adult	40	Women	PR011049	CA	CAN	34:45	5'34"	7:02	7:01	7:01	6:44	6:56
14	613	MACLEAN, Marianne	Crossroad Racing		British Columbia	Novice Youth	31	Women	BC009659			35:06	5'56"	7:16	7:09	7:03	6:45	6:53
15	699	HARRISON, Gail	Crossroad Racing	North Vancouver	British Columbia	Novice Adult	51	Women	PR011544	CA	CAN 100 525 101 24	35:23	6'13"	6:53	7:04	7:05	7:09	7:11
16	615	TELFORD, T	Independent			Novice Adult	51	Women	TEMP			35:34	6'24"	7:33	7:03	6:57	6:52	7:10
17	612	JAKEWAY, Lisa	Independent			Novice Adult	46	Women	TEMP			29:54	-1 lap	7:24	7:15	7:40	7:36	
18	605	JONES, Rebecca	Independent			Novice Adult	39	Women	TEMP			31:22	-1 lap	7:15	7:53	8:04	8:10	
19	616	HENNESSEY, Lynne	Independent			Novice Adult	39	Women	TEMP			32:12	-1 lap	8:00	8:00	8:11	8:01	