



# LMCX-Elite

## November 02, 2019

### Elite (Men)

winner: 1:03:12

| Pos | Bib Name             | Team                                       | City            | StateProv        | Category    | Age | Gender | License  | NatCode | UCIID | Time           | Gap     | Lap 1  | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 | Lap 8 | Lap 9 | Lap 10 |      |
|-----|----------------------|--|-----------------|------------------|-------------|-----|--------|----------|---------|-------|----------------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 1   | 17 RICHEY, Craig     | Garneau - Easton p/b Transitions Life Care | North Vancouver | British Columbia | Elite Adult | 36  | Men    | BC092578 | CA      | CAN   | 100 055 314 08 | 1:03:12 |        | 6:22  | 6:16  | 5:42  | 6:47  | 6:16  | 6:18  | 6:25  | 6:20  | 6:25   | 6:20 |
| 2   | 15 KILLAM, Nathan    | Washed Up Racing                           | Vancouver       | British Columbia | Elite Adult | 34  | Men    | BC092806 | CA      | CAN   | 100 154 896 68 | 1:03:53 | 0'42"  | 6:16  | 6:14  | 6:14  | 6:31  | 6:27  | 6:28  | 6:28  | 6:25  | 6:23   | 6:27 |
| 3   | 16 KUPIAK, Nicholas  | Naked Factory Racing                       | Qualicum Beach  | British Columbia | Elite Adult | 33  | Men    | BC098010 | CA      | CAN   | 100 514 927 35 | 1:04:24 | 1'13"  | 6:34  | 6:16  | 6:25  | 6:24  | 6:22  | 6:24  | 6:27  | 6:28  | 6:29   | 6:35 |
| 4   | 13 EDWARDS, Marc     | Mighty Cycling                             | VANCOUVER       | British Columbia | Elite Adult | 33  | Men    | PR011859 | GB      | GBR   | 100 648 970 24 | 1:04:49 | 1'38"  | 6:29  | 6:16  | 6:37  | 6:26  | 6:26  | 6:31  | 6:24  | 6:31  | 6:29   | 6:39 |
| 5   | 20 KRYT, Garrett     | Mighty Cycling                             | Vancouver       | British Columbia | Elite Adult | 29  | Men    | BC096308 | CA      | CAN   | 100 636 338 02 | 1:05:48 | 2'37"  | 6:29  | 6:17  | 6:35  | 6:37  | 6:38  | 6:44  | 6:37  | 6:39  | 6:38   | 6:35 |
| 6   | 36 MCKALL, terry     | Naked Factory Racing                       | Victoria        | British Columbia | Elite Adult | 36  | Men    | BC090234 | CA      | CAN   | 100 142 052 28 | 1:05:50 | 2'38"  | 6:46  | 6:26  | 6:34  | 6:34  | 6:39  | 6:38  | 6:37  | 6:04  | 7:01   | 6:32 |
| 7   | 69 HORNLAND, Matthew | Mighty Cycling                             | Vancouver       | British Columbia | Elite Adult | 37  | Men    | BC097960 | CA      | CAN   | 100 490 874 38 | 1:06:02 | 2'50"  | 6:23  | 6:25  | 6:41  | 6:42  | 6:35  | 6:39  | 6:41  | 6:36  | 6:39   | 6:40 |
| 8   | 24 COX, Seth         | Kona Factory Team                          | North Vancouver | British Columbia | Elite Adult | 26  | Men    | PR011128 | CA      | CAN   | 100 500 693 60 | 1:06:06 | 2'54"  | 6:48  | 5:59  | 7:03  | 6:25  | 6:37  | 6:48  | 6:38  | 6:41  | 6:41   | 6:26 |
| 9   | 8 HOFFMAN, Jessy     | Last Call Racing                           | Vancouver       | British Columbia | Elite Adult | 35  | Men    | BC098767 |         |       | 100 655 274 23 | 1:06:30 | 3'18"  | 6:25  | 6:09  | 6:30  | 6:33  | 6:27  | 6:41  | 6:50  | 6:58  | 6:58   | 6:58 |
| 10  | 18 SMITH, Kevin      | Gastown Cycling Association                | Vancouver       | British Columbia | Elite Adult | 31  | Men    | BC99740  | CA      | CAN   | 100 550 085 79 | 1:07:12 | 4'01"  | 6:34  | 6:36  | 6:38  | 6:39  | 6:36  | 6:41  | 6:42  | 6:50  | 6:55   | 7:01 |
| 11  | 19 WONG, Wai-Ben     | Glotman Simpson Cycling                    | Vancouver       | British Columbia | Elite Adult | 39  | Men    | BC99010  | CA      | CAN   | 100 060 261 08 | 1:07:29 | 4'18"  | 6:24  | 6:41  | 6:43  | 6:45  | 6:38  | 6:59  | 6:45  | 6:49  | 6:50   | 6:54 |
| 12  | 28 GREGORY, Bryan    | Independent                                | Anmore          | British Columbia | Elite Adult | 25  | Men    | BC40724  | CA      | CAN   | 100 800 533 73 | 1:07:48 | 4'36"  | 6:44  | 6:37  | 6:39  | 6:34  | 6:51  | 6:44  | 6:51  | 6:57  | 6:55   | 6:55 |
| 13  | 35 GOMES, Christian  | Independent                                | Squamish        | British Columbia | Elite Adult | 22  | Men    | AB60320  | CA      | CAN   | 100 154 763 32 | 1:08:37 | 5'25"  | 6:48  | 6:56  | 7:00  | 6:57  | 7:01  | 6:56  | 6:58  | 7:03  | 7:08   | 5:49 |
| 14  | 37 MOORE, Manu       | Cannondale pb Fortius                      | Vancouver       | British Columbia | Elite Youth | 16  | Men    | BC40423  | CA      | CAN   | 100 597 026 72 | 1:08:42 | 5'31"  | 6:35  | 6:29  | 6:45  | 6:47  | 6:39  | 6:46  | 6:44  | 6:55  | 7:10   | 7:52 |
| 15  | 21 HOLTHAM, Elliot   | Independent                                |                 | British Columbia | Elite Adult | 36  | Men    | PR012433 | CA      | CAN   |                | 1:02:39 | -1 lap | 6:52  | 6:47  | 6:45  | 6:52  | 6:55  | 7:09  | 7:06  | 7:07  | 7:06   |      |
| 16  | 38 SOL, Eric         | Team Squamish                              |                 | British Columbia | Elite Youth | 16  | Men    | TEMP     | KOR     |       | 1:03:20        | -1 lap  | 6:44   | 7:00  | 7:04  | 6:57  | 7:02  | 7:07  | 7:06  | 7:07  | 7:12  |        |      |
| 17  | 11 MORRIS, Sam       | Steed Cycles                               | West Vancouver  | British Columbia | Elite Adult | 25  | Men    | PR012394 | CA      | CAN   |                | 1:03:37 | -1 lap | 6:48  | 7:01  | 7:07  | 7:13  | 6:38  | 7:43  | 7:05  | 7:06  | 6:57   |      |
| DNF | 99 O'CONNOR, Kevin   | Glotman Simpson Cycling                    | Vancouver       | British Columbia | Elite Adult | 35  | Men    | PR011219 | CA      | CAN   | 100 597 083 32 |         |        | 9:03  | 9:03  |       |       |       |       |       |       |        |      |



# LMCX-Elite

## November 02, 2019

### Master A (Men)

winner: 46:07

| Pos | Bib | Name                      | Team                                   | City            | StateProv        | Category | Age | Gender | License  | NatCode | UCIID          | Time  | Gap   | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 |
|-----|-----|---------------------------|--|-----------------|------------------|----------|-----|--------|----------|---------|----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1   | 303 | BIRKENBUEL, James Cameron | Mighty Cycling                         | North Vancouver | British Columbia | Master A | 46  | Men    | BC097823 | USA     | 100 514 885 90 | 46:07 |       | 6:42  | 6:29  | 6:34  | 6:33  | 6:33  | 6:40  | 6:34  |
| 2   | 306 | SEAMANS, Jeremy           | UBC Cycling Team                       | Squamish        | British Columbia | Master A | 52  | Men    | BC098296 |         | 100 577 840 92 | 47:04 | 0'58" | 6:40  | 6:48  | 6:43  | 6:40  | 6:39  | 6:48  | 6:46  |
| 3   | 314 | STURM, Sven               | Trek Red Truck Racing P/B Mosaic Homes | North Vancouver | British Columbia | Master A | 51  | Men    | BC40348  | GER     | 100 042 106 89 | 47:23 | 1'17" | 6:46  | 6:41  | 6:45  | 6:16  | 7:18  | 6:50  | 6:48  |
| 4   | 399 | SUMMERS, ANDREW           | Mighty Cycling                         | Vancouver       | British Columbia | Master A | 50  | Men    | BC096361 | CAN     | 100 519 135 72 | 47:24 | 1'17" | 6:44  | 6:47  | 6:42  | 6:47  | 6:49  | 6:44  | 6:51  |
| 5   | 308 | MARTINDALE, Graeme        | TNA                                    | Vancouver       | British Columbia | Master A | 44  | Men    | BC40252  | CAN     | 100 845 202 25 | 47:25 | 1'19" | 7:45  | 6:50  | 6:35  | 6:40  | 6:43  | 6:08  | 6:45  |
| 6   | 324 | BISHOP, Chris             | Steed Cycles                           | North Vancouver | British Columbia | Master A | 50  | Men    | PR012399 | CAN     | 100 661 930 83 | 48:20 | 2'14" | 6:47  | 6:39  | 6:55  | 6:56  | 6:57  | 7:00  | 7:06  |
| 7   | 310 | OLDENBURG, Mark           | TC Cycling Club Society                | Coquitlam       | British Columbia | Master A | 52  | Men    | PR011184 | CAN     | 100 648 476 15 | 49:22 | 3'15" | 6:49  | 6:50  | 6:54  | 7:05  | 7:01  | 7:16  | 7:25  |
| 8   | 318 | LAWSON, Edward            | Daryl Evans Racing                     | north vancouver | British Columbia | Master A | 51  | Men    | PR011816 | CAN     | 100 590 484 29 | 49:32 | 3'26" | 6:49  | 6:51  | 7:12  | 7:04  | 7:17  | 7:11  | 7:09  |
| 9   | 321 | ELLIOTT, Gavin            | Daryl Evans Racing                     | surrey          | British Columbia | Master A | 50  | Men    | PR010139 | CAN     | 100 571 566 26 | 49:47 | 3'40" | 7:34  | 7:34  | 6:38  | 6:38  | 7:05  | 7:17  | 7:00  |
| 10  | 342 | SZOPA, Dominik            | Crossroad Racing                       | Vancouver       | British Columbia | Master A | 45  | Men    | PR011671 | CAN     |                | 50:49 | 4'42" | 7:00  | 6:30  | 7:38  | 7:11  | 7:22  | 7:35  | 7:34  |
| 11  | 302 | KAM, Chris                | Mighty Cycling                         |                 | British Columbia | Master A | 51  | Men    | BC99410  | CAN     | 100 762 522 86 | 51:09 | 5'02" | 7:10  | 7:41  | 7:12  | 7:23  | 7:14  | 7:13  | 7:16  |



LMCX-Elite  
November 02, 2019  
Elite (Women)  
winner: 50:39

| Pos | Bib | Name               | Team                               | City            | StateProv        | Category    | Age | Gender | License  | NatCode | UCIID | Time           | Gap   | Lap 1  | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 |      |
|-----|-----|--------------------|------------------------------------|-----------------|------------------|-------------|-----|--------|----------|---------|-------|----------------|-------|--------|-------|-------|-------|-------|-------|-------|------|
| 1   | 200 | OUELLET, Anne      | Fluevog's Crit Nasty               | Vancouver       | British Columbia | Elite Adult | 37  | Women  | BC99008  | CA      | CAN   | 100 161 355 28 | 50:39 |        | 7:12  | 7:13  | 7:18  | 7:15  | 7:15  | 7:10  | 7:16 |
| 2   | 250 | KOIDE, Jade        | Last Call Racing                   |                 | British Columbia | Elite Adult | 37  | Women  | PR011674 | CA      | CAN   |                | 51:56 | 1'18"  | 7:24  | 7:24  | 7:24  | 7:25  | 7:29  | 7:31  | 7:19 |
| 3   | 210 | UJFALUSI, Lilly    | Cannondale pb Fortius              | New Westminster | British Columbia | Elite Youth | 17  | Women  | BC090057 | CA      | CAN   | 100 462 539 27 | 52:01 | 1'22"  | 7:20  | 7:30  | 7:25  | 7:18  | 7:28  | 7:34  | 7:26 |
| 4   | 201 | WELBOURN, Kelly    | Steed Cycles                       | North Vancouver | British Columbia | Elite Adult | 50  | Women  | BC095699 | CA      | CAN   | 100 965 466 09 | 52:55 | 2'16"  | 7:09  | 7:15  | 7:11  | 7:26  | 7:14  | 7:16  | 9:24 |
| 5   | 202 | SEAWARD, Dayna     | Last Call Racing                   | Vancouver       | British Columbia | Elite Adult | 36  | Women  | BC098766 |         |       | 100 655 256 05 | 53:29 | 2'50"  | 7:13  | 7:28  | 7:31  | 7:36  | 7:49  | 7:54  | 7:58 |
| 6   | 205 | TAYLOR, Sonia      | Glotman Simpson Cycling            | Vancouver       | British Columbia | Elite Adult | 31  | Women  | BC40358  | CA      | CAN   | 100 362 320 09 | 54:16 | 3'38"  | 7:34  | 7:53  | 7:47  | 7:47  | 7:33  | 7:50  | 7:52 |
| 7   | 203 | SHALAGAN, Brittany | Naked Factory Racing               |                 | British Columbia | Elite Adult | 30  | Women  | PR012435 | CA      | CAN   |                | 54:48 | 4'10"  | 7:39  | 7:37  | 7:55  | 7:45  | 7:44  | 8:04  | 8:04 |
| 8   | 211 | BUSH, Elle         | TaG Cycling, TaG Cycling Race Team | Langley         | British Columbia | Elite Adult | 18  | Women  | BC40512  | CA      | CAN   | 100 488 784 82 | 58:24 | 7'46"  | 7:34  | 7:55  | 8:21  | 8:55  | 8:38  | 8:40  | 8:21 |
| 9   | 204 | MILLER, Tara       | Independent                        | Cumberland      | British Columbia | Elite Adult | 45  | Women  | BC002766 | CA      | CAN   |                | 51:37 | -1 lap | 8:17  | 8:24  | 9:05  | 8:42  | 8:44  | 8:26  |      |