# Jeremy's Roubaix DRAFT Race Bible

## Final Copy will be posted by April 13

Dates Event Locations: Address

April 20 Jeremy's Roubaix 17130 Barnes Rd, Pitt Meadows

**Registration:** Online registration only. Registration closes April 18 at 11:59 pm.

Register at: www.bikereg.com

Course Maps and additional details: www.localride.ca

Race Organizer and Contact: Barry Lyster / localrideracing@gmail.com / 604-

312-3318

## Sign-On / Package Pick-up

**Time:** Opens at 7:30 am / Closes 30 minutes prior to your start time. **Location:** Ridge Meadows BMX at 17130 Barnes Road, Pitt Meadows

By signing on, riders have agreed to their race category and the race rules set

out in this race bible, Cycling BC, Cycling Canada and the UCI.

## Categories, Distances, Start Times, Race Fees

	Roubiax					
		Start				
Category	Distance	Time	Cost			
		9 am	\$20			
Youth Boys & Girls*	30 km	3 4111	\$20 late			
		9 am	\$55			
Cat 4, Novice Men	60 km	3 4111	\$65 late			
		9 am	\$55			
Cat 4, Novice Women	60 km	3 4111	\$65 late			
		11 am	\$55			
Master Men 35+ 1/2/3	80 km	11 0111	\$65 late			
		11 am	\$55			
Elite Women Cat 1/2/3	80 km	TT dill	\$65 late			
		11 am	\$55			
Elite Men Cat 1/2/3	100 km	11 0111	\$65 late			

- Distances, times and race category make-up are subject to change.
- All Youth riders under U19 of age racing in Cat 1 to 4 get 50% off registration. Use promo code "bigring54" at check-out to receive discount.
- \*Youth Boy's and Girl's category is recommended for those not able to race the Cat 4 pace or distance. Riders U15 and under with a possible few U17's will make up this category. All youth with Cat 4 licenses and the ability to race at that level are required to do so.
- All races are sanctioned by Cycling BC and all participants must hold one of the following valid licenses:
  - Any UCI license
  - Cycling BC Provincial license 'Race' or 'Ride'.
  - -USAC or USCF license (must sign a medical waiver) and provide proof of residential medical insurance.
- U13, U15, Cat 4 and Novice can race with Provincial Race License
- If your license is Men's Elite Cat 1/2/3 you must race Elite. If it is Men's Master Cat 1/2/3 then you must race Master.
- Cat 3 Elite men and women will be separated for prizing.
- Road Bikes must conform to UCI regulations. Disc brakes are allowed.
- Time cuts will be in effect. Exact time will be determined prior to race.

#### **Rider Behavior**

- All riders are to conduct themselves in a professional, respectable
  manner at all times. Any rider, parent, coach or spectator who display's
  abusive and/or violent actions, uses foul language, or who's behavior is
  deemed inappropriate will be disqualified from the event and asked to
  leave the area. Further disciplinary actions may be taken.
- There is to be no littering or urinating in public places. Fines and/or disqualifications may occur.
- Helmets are to be worn anytime you are on a bike.
- Riders are only allowed to race in the category and start wave they are registered in. There is to be no racing with other groups outside of this.
- If you are dropped, you must keep to the right side of the road. No riding side-by-side.
- Centre line rule is in effect at all times.
- Once your race is done, you must immediately exit the finish line area. There is to be no standing or loitering near the finish.

- Time cuts will be in effect for Cat 1,2,3 riders. You will be notified of the time prior to your race. If you are outside of the time limit, you will be pulled from the race. If you are pulled from the race, you are not allowed to race or ride on the course while the race is still in progress.
- Lapped riders will be pulled from the race.

## **Parking**

Please park on the grass field at the Ridge Meadows BMX club. Do not park on the race course. Please remove all garbage when you leave. Respect the residents of this area. Banana peels and apple cores are considered garbage.

Team tents will be allowed on the grass along the gravel road just as you enter the park. There will be a marshal there to assist you with a location.

#### Start

The start will take place on Barnes Road by the entrance to the BMX Club. There will be a neutral roll-out until the entire group is on Kennedy Road.

#### **Finish**

The finish line will be approximately 200 metres past the exit of the dykes and on Kennedy Road. Once the finish is done, riders must exit the road immediately and return to the main staging area. Team support and spectators are required to access the finish line via foot along Kennedy Road. There are to be no team cars or spectator cars on the race course during the races. This will result in a disqualification for any team rider connected with the on-course vehicle.

**Course Map:** Please go to www.localride.ca for map.

#### **Number Placement**

You will be required to wear 2 race numbers for this event. One race number is to be placed low centre of the jersey while the second is to be alongside of the jersey on the left-hand side. You will also be required to use a frame number which is to be attached to your seat post. If your numbers do not meet these requirements you may be disqualified or fined by the commissaires. Numbers are not to be folded, or altered in any way. You will be fined for damaged numbers.

## **Bike and Equipment Rules**

It is the sole responsibility of the rider to ensure their bikes and equipment meet the requirements set out by Cycling BC with recommendations from Cycling Canada and the UCI. Bikes may be checked prior to the start of the race. **Disc Brakes are allowed.** 

#### Race Caravan

There will be no Race Caravan for this race. There will be an official driving the course to ensure safety and fair play is adhered to.

#### Wheel Pit

There will be a wheel pit along the dykes across from the entrance to Barnes Road. Teams and riders are to supply their own spare wheels and support crew as needed.

There will be a second Wheel Pit midway on the dykes, with access via Ford Road. There will not be any event staff there to assist with this wheel pit.

#### **Feed Zone**

- The feed zone will be located along the stretch of dyke across from Barnes Road
- The feed zone will be marked with delineators
- There will be no feeding on the first and last lap of the race
- Feeding is only allowed in this area
- You must remove bottles and garbage when you are finished.
- No bottles or gel / food wrappers are to be thrown on the dykes outside
  of the feed zone. If you throw these in the feed zone, you are
  responsible to clean them up.

#### Youth Bike and Equipment Rules

- All U15, U13 riders are subject to UCI bike restrictions. No Aero Bars, No Aero Helmets, No Carbon Wheels, Wheel depth not to exceed 40 mm.
- All Junior and Youth riders are subject to gear restrictions. The 7.93
  meter roll-out will be checked prior to racing. This rule applies while
  racing in all categories, not just youth categories.

#### Results

Results will be posted as soon as possible after each start wave has finished with the minimum of top 5 placings. There will be 15 minutes for protests after which we will proceed with podium presentations. Riders who are top three in their category will be required to attend the podium ceremonies following the event. All rides who are eligible for the podium must be in full kit (jersey, shorts and race shoes). Failure to do so will result in loss of podium placement and any prize or award that will be given.

Jeremy's Roubaix	Placing				
Prize List	1	2	3	4	5
Women Cat 1/2,	\$140	\$100	\$80	\$60	\$40
Men Cat 1/2	\$140	\$100	\$80	\$60	\$40
Women Cat 3	\$60	\$40	\$20		
Men Cat 3	\$60	\$40	\$20		
Master Men 30+ 1/2/3	\$60	\$40	\$20		
Women Cat 4 / Novice	\$40	\$20	\$10		
Men Cat 4 / Novice	\$40	\$20	\$10		
Youth Girls					
Youth Boys	Prizes	Prizes	Prizes		

Prizing may change due to registration numbers.

If less than 5 riders in a category, prizing will only be given to winner. For Cat ½, if less than 20 riders, prizing will only be given to top 3.

## Medical / Hospital

- St. John's Ambulance will be on-site.
- The local hospital is: Ridge Meadows Hospital / 11666
   Laity Street, Maple Ridge
- Maps are available at sign-on