						Cat 1/2		Master		Cat 3		Cat 4		Cat 5	
						180 min		150 min.		150 min.		120 min.		90 min.	
Date	Location	Course Map	Parking	Lap	elev . (m)	laps	km	laps	km	laps	km	laps	km	laps	km
2019-03-02	Hougan Park	Hougan North RR	Hougen Park	18.4	36	6	110	5	92	5	92	4	74	3	55
2019-03-09	Thunderbird RR	Thunderbird RR	Thunderbird Show P	6.1	46	18	110	14	85	14	85	10	61	9	55
2019-03-16	Bradner RR	Bradner RR	Bradner Elementary	8.8	80	14	123	12	106	12	106	8	70	6	53
2019-03-17	Aldergrove East Kermesse	Aldergrove East Ker	Aldergrove Regional	6.8	62	6.0	41	5	34	5	34	5	34	4	27
2019-03-17	Warp Speed Long TT	Warp Speed Long TT	Aldergrove Regional	17.8	50	1	18	1	18	1	18	1	18	1	18
2019-03-23															
2019-03-24	Atomic Long RR	Atomic Long RR	Aldergrove Regional	13.0	143	9	117	7	91	7	91	5	65	4	52
2019-03-30															
2019-03-31	Aldergrove Long RR	Aldergrove Long RR	Aldergrove Regional	10.2	80	13	133	10	102	10	102	7	71	6	61
2019-04-06	Bradner Long RR	Bradner Long RR	Bradner Elementary	11.9	101	11	131	9	107	9	107	7	83	5	60
2019-04-07	Aldergrove West Kermesse	Aldergrove West Ker	Aldergrove Regional	6.8	65	6.0	41	5	34	5	34	5	34	4	27
2019-04-07	Warp Speed Long TT	Warp Speed Long TT	Aldergrove Regional	17.8	50	2	36	2	36	2	36	2	36	2	36
2019-04-19	Murchie West CCW RR	Murchie West CCW F	Wix Brown Elementa	10.1	60	13	131	11	111	11	111	8	81	6	61
2019-05-11	River Road Out and Back TT	River Road Out and I	Aldor Acres	20.4	106	1	20	1	20	1	20	1	20	1	20
2019-05-11	River Road RR	River Road RR	Aldor Acres	6.4	20			6	38	6	38	5	32	5	32
2019-05-11	River Road Crit	River Road Crit	Aldor Acres	3.2	15	14	45								
2019-05-12	Thunderbird Long RR CCW	Thunderbird Long RI	Thunderbird Show P	9.8	65	14	137	11	108	11	108	8	78	6	59