



WTNC Glenlyon-655

July 25, 2023

M4 (Open)

21.00 km, 10 laps of 2.10 km, winner: 31:43 - 39.73 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	
1	692	BAYARD, luke	United Velo	Aldergrove	British Columbia	M4	15	Men	BC41634	CA	CAN	100 608 572 75	31:43	39.73	3:22	3:16	3:16	3:09	3:05	3:21	3:21	3:08	2:59	2:47	
2	661	WONG, Jason	The Last Drop Cycling Club	Vancouver	British Columbia	M4	32	Men	PR2300581	CA	CAN	101 241 056 22	"	0'01"	3:23	3:14	3:18	3:08	3:07	3:19	3:20	3:07	3:01	2:48	
3	639	REDA, Daniele	UBC Cycling	Vancouver	British Columbia	M4	30	Men	BC41410	IT	ITA	101 009 955 72	31:44	"	39.71	3:21	3:14	3:17	3:09	3:06	3:20	3:22	3:08	3:00	2:48
4	689	ZEWELDI, Teklit	Independent	Surrey		M4	35	Men	PR2303623	ER	ERI	101 424 474 13	"	"	"	3:21	3:15	3:17	3:08	3:05	3:22	3:22	3:08	2:59	2:48
5	705	HO, Timothy	Independent		British Columbia	M4	22	Men	BC41367	CA	CAN	101 008 354 23	"	"	"	3:19	3:16	3:17	3:06	3:08	3:20	3:23	3:07	2:59	2:48
6	706	PALLAS, Sam	Glotman Simpson Cycling		British Columbia	M4	25	Men	BC42982	NZ	NZL	101 379 716 69	"	"	"	3:22	3:16	3:16	3:05	3:09	3:19	3:21	3:08	2:54	2:54
7	655	NAPIER, Mac	Independent	North Vancouver	British Columbia	M4	24	Men	BC42237	CA	CAN	101 210 616 40	"	0'02"	"	3:22	3:14	3:18	3:06	3:09	3:19	3:21	3:07	3:00	2:48
8	690	TESFAGABER, natnael	Independent	Burnaby	British Columbia	M4	29	Men	PR2303100	CA	CAN	101 411 783 29	"	"	"	3:20	3:16	3:16	3:07	3:04	3:23	3:21	3:08	2:59	2:48
9	614	KIRKBY, Jesse	Bicicletta Factory Racing	Vancouver	British Columbia	M4	40	Men	PR2302648	CA	CAN	101 305 469 27	"	"	"	3:19	3:16	3:17	3:06	3:08	3:19	3:21	3:10	2:57	2:49
10	654	HAUNER, Erik	Steed Cycles	North Vancouver	British Columbia	M4	31	Men	PR2302103	CA	CAN	101 371 621 25	"	"	"	3:23	3:14	3:17	3:08	3:06	3:21	3:04	3:12	3:13	2:48
11	680	WONG, Ryan	Meraloma Bike Club	Vancouver	British Columbia	M4	25	Men	PR2300317	CA	CAN	101 191 872 17	"	"	"	3:22	3:13	3:20	3:08	3:06	3:20	3:20	3:08	2:59	2:47
12	691	KELETE, Angesom	Independent	Burnaby	BC	M4	18	Men	PR2302441	CA	CAN	101 320 283 00	31:45	"	39.69	3:21	3:15	3:18	3:10	3:03	3:22	3:22	3:07	2:59	2:49
13	629	SPENCE, James	Meraloma Bike Club	Vancouver	British Columbia	M4	32	Men	PR2202617	CA	CAN	"	0'03"	"	"	3:21	3:14	3:14	3:14	3:06	3:20	3:21	3:07	2:59	2:50
14	675	HARRIS, Owen	Independent	Kelowna	British Columbia	M4	24	Men	PR2303722	CA	CAN	101 427 058 75	31:46	"	39.67	3:21	3:15	3:17	3:07	3:07	3:21	3:21	3:07	3:00	2:50
15	707	JEW, alex	The Last Drop Cycling Club			M4	31	Men	PR2303912	CA	CAN	101 305 962 35	"	"	"	3:20	3:16	3:17	3:04	3:12	3:18	3:20	3:07	3:02	2:49
16	621	YAU, Chin Sing	The Last Drop Cycling Club	Vancouver	British Columbia	M4	28	Men	BC42301	GB	GBR	100 152 257 48	31:47	0'05"	39.64	3:22	3:14	3:12	3:12	3:05	3:08	3:18	3:11	3:14	2:51
17	634	DOYLE, Stephen	The Last Drop Cycling Club	Vancouver	British Columbia	M4	31	Men	PR2302385	CA	CAN	101 315 566 36	31:49	0'06"	39.60	3:20	3:06	3:26	3:11	3:06	3:19	3:21	3:09	2:55	2:55
18	704	CHAN, Nathan	The Last Drop Cycling Club	Vancouver	British Columbia	M4	34	Men	PR2302450	CA	CAN	101 230 510 49	31:51	0'09"	39.56	3:19	3:17	3:13	3:13	3:06	3:20	3:21	3:09	2:57	2:57
19	685	HARRISON, Sam	Meraloma Bike Club	Vancouver	British Columbia	M4	27	Men	PR2300332	CA	CAN	101 360 993 67	"	"	"	3:19	3:16	3:17	3:07	3:07	3:22	3:20	3:08	3:00	2:55
20	604	BREMNER, James	Glotman Simpson Cycling	Vancouver	British Columbia	M4	35	Men	PR2301127	NZ	NZL	101 036 404 40	31:58	0'15"	39.42	3:23	3:15	3:15	3:07	3:06	3:20	3:15	3:15	2:58	3:02
21	696	WOODBIDGE, Ben	Meraloma Bike Club	Vancouver	British Columbia	M4	27	Men	PR2300314	CA	CAN	101 245 358 56	"	0'16"	"	3:21	3:16	3:17	3:08	3:07	3:20	3:20	3:05	3:04	3:00
22	688	COX, Charlie	Red Kilo	Vancouver	British Columbia	M4	30	Men	BC43440	GB	GBR	101 181 200 15	32:08	0'26"	39.21	3:19	3:17	3:17	3:07	3:05	3:23	3:20	3:10	2:58	3:13
23	702	MUNRO, Michael	Independent		British Columbia	M4	34	Men	PR2304104			100 549 936 27	32:09	0'27"	39.19	3:19	3:17	3:17	3:07	3:07	3:20	3:21	3:08	2:59	3:13
24	686	O'BRIEN, Sean	Independent	Vancouver	British Columbia	M4	44	Men	BC42983	CA	CAN	101 379 723 76	32:11	0'28"	39.15	3:22	3:14	3:17	3:04	3:11	3:19	3:22	3:08	2:59	3:14
25	669	GOLDBERG, Micah	Glotman Simpson Cycling	Vancouver	British Columbia	M4	34	Men	PR2300192	CA	CAN	101 106 216 12	32:19	0'36"	38.99	3:22	3:14	3:17	3:09	3:08	3:18	3:22	3:09	2:57	3:24
26	618	SAMANIEGO, Raphael	Independent	Vancouver	British Columbia	M4	31	Men	PR2302039	CA	CAN	101 240 213 52	"	"	"	3:22	3:14	3:16	3:11	3:05	3:20	3:20	3:09	2:57	3:24
27	673	GRUND, Darrin	ESCAPE VELOCITY SOCIETY/DEVO	New Westminster	British Columbia	M4	57	Men	BC090565	CA	CAN	100 457 981 28	32:49	1'06"	38.40	3:22	3:15	3:18	3:08	3:07	3:19	3:21	3:08	3:00	3:51
28	643	ERNEWEIN, Benjamin	UBC Cycling	Ottawa	Ontario	M4	24	Men	BC42829	CA	CAN	100 908 176 46	32:51	1'08"	38.37	3:20	3:17	3:17	3:07	3:08	3:19	3:21	3:07	3:01	3:54
29	701	BARTER, Evan	Independent	Vancouver	British Columbia	M4	37	Men	BC43117	CA	CAN	101 008 335 04	33:02	1'20"	38.14	3:22	3:13	3:19	3:06	3:09	3:20	3:20	3:10	3:32	3:31
30	615	NGO, Glen	Steed Cycles	Burnaby	British Columbia	M4	25	Men	BC40823	CA	CAN	100 923 229 64	"	"	"	3:22	3:15	3:18	3:08	3:05	3:20	3:22	3:10	3:31	3:32



WTNC Glenlyon-655

July 25, 2023

W1/2/3 (Women)

18.90 km, 9 laps of 2.10 km, winner: 33:09 - 34.20 km/h

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	229	CHURNSIDE, Charlotte	Redkilo	North Vancouver	British Columbia	W1/2/3	30	Women	PR2202333	GBR	101 076 352 24	33:09		34.20	3:27	3:31	3:45	3:35	3:52	3:36	3:48	3:57	3:40
2	219	FRIDMAN, Lauren	Burnaby Velodrome Club	Burnaby	British Columbia	W1/2/3	27	Women	BC42713	CAN	101 319 140 21	"	0'00"	"	3:29	3:29	3:43	3:36	3:53	3:36	3:45	3:58	3:40
3	242	GERTH, Jennifer	Fluevog's Crit Nasty	Vancouver	British Columbia	W1/2/3	46	Women	BC090094	CAN	100 072 135 48	33:10	"	34.19	3:27	3:32	3:43	3:36	3:52	3:35	3:47	3:57	3:40
4	233	LAW, Angela	Red Kilo	Vancouver	British Columbia	W1/2/3	25	Women	BC097088	CAN	100 543 773 72	"	"	"	3:27	3:33	3:43	3:36	3:50	3:36	3:48	3:56	3:42
5	216	GAMIZ, Mirtha	Red Kilo	Vancouver	British Columbia	W1/2/3	33	Women	BC42287	MEX	101 070 249 32	"	0'01"	"	3:27	3:33	3:43	3:44	3:44	3:35	3:48	3:57	3:40
6	217	SHERLEY, Morgan	Ruckus Racing	Vancouver	British Columbia	W1/2/3	28	Women	BC42905	CAN	101 153 282 33	"	"	"	3:26	3:34	3:43	3:37	3:51	3:35	3:46	3:57	3:41
7	243	THODY, Kristine	Glotman Simpson Cycling	Vancouver	British Columbia	W1/2/3	49	Women	PR2300165	CAN	101 006 911 35	33:11	"	34.18	3:27	3:32	3:42	3:38	3:50	3:36	3:47	3:55	3:42
8	225	KHRISANOVA, Elizabeth	Independent	Coquitlam	British Columbia	W1/2/3	18	Women	BC42652	CAN	100 876 866 67	"	0'02"	"	3:26	3:32	3:43	3:37	3:51	3:37	3:47	3:56	3:43
9	247	RUSSELL, Carolyn	Independent	Vancouver	British Columbia	W1/2/3	49	Women	BC098322	CAN	100 588 252 28	"	"	"	3:27	3:32	3:43	3:37	3:51	3:36	3:47	3:56	3:43



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July 25, 2023

Primes

Prime	Bib	Name	Team	Laps to go	For	Points
1	219	FRIDMAN, Lauren	Burnaby Velodrome Club	0	Pack	1
2	690	TESFAGABER, natnael	Independent	0	Pack	1