

FINAL

BC Individual Time Trial Championships

May 26, 2024

Thrashers Bike Club

<https://www.thrashersbc.ca>

Organizer: Tenacious Drew, 236-983-6995, andrew_nelson@cargill.com

Location: Murchie, 23455 8th Ave Langley Twp, BC

Course Description: A course along the 49th Parallel.

Course GPS Map: <https://ridewithgps.com/trips/163119018>

Registration: <https://www.bikereg.com/bc-time-trial-championships>

- Online registration closes May 24 at 12pm
- Day of registration available for \$60 cash.
- GST and service charges will be added at checkout.

Categories and Licenses: Age based categories is racing age as of December 31, 2024. The championship categories will be recognized from Cycling BC. The Open Categories are non-Championship categories.

All racers must hold a race license. Championship categories must hold a 'UCI' or 'Provincial Race' license. Open categories can hold a 'Cycling for All' license or purchase a 'Single Day Event' before the race through CCN. The License must be presented at sign on and whenever requested by a race official. International and out of province licenses are accepted.

Single Event License: <https://ccnbikes.com/#!/memberships/cycling-bc-single-event-license-2024>

- Elites must be 19+
- Master racers must hold a Master license with corresponding age.
- Upgrade points are available per Cycling BC Upgrade Criteria

Race information:

- Race schedule will be published on May 25. Races will start on time according to time of day.
- It is the racers responsibility to know their start time.
- It is the racer's responsibility to know the course and when their race is over.
- If you are riding 20km your race finishes the second time you reach the finish line.

- If you are riding 37km your race finishes the third time you reach the finish line

Start Times and Distances: Distance and Start Times subject to change. There will be set time gaps between categories. Below is a time schedule for reference. The final timetable will be posted Friday PM, May 24.

Category	Reg.	Start	Finis h	Total	Laps	Lap
	Price	Time	Time	Distance		Distance
10am Start						
Junior Men U19	\$25	10:00	10:45	20 km	1.2	16.8 km
Cadet Men U17	\$25	10:00	10:45	20 km	1.2	16.8 km
Merckx Open Men (non-champs)	\$40	10:00	10:45	20 km	1.2	16.8 km
Merckx Open Women (non-champs)	\$40	10:00	10:45	20 km	1.2	16.8 km
Junior Women U19	\$25	10:00	10:45	20 km	1.2	16.8 km
Cadet Women U17	\$25	10:00	10:45	20 km	1.2	16.8 km
Master Women (A) 35-44	\$45	10:00	11:15	37 km	2.2	16.8 km
Master Women (B) 45-54	\$45	10:00	11:15	37 km	2.2	16.8 km
Master Women (C/D) 55+	\$45	10:00	11:15	37 km	2.2	16.8 km
Master Men (A) 35-44	\$45	11:30	12:30	37 km	2.2	16.8 km
Master Men (B) 45-54	\$45	11:30	12:30	37 km	2.2	16.8 km
Master Men (C) 55-64	\$45	11:30	12:30	37 km	2.2	16.8 km
Master Men (D) 65+	\$45	11:30	12:30	37 km	2.2	16.8 km
Elite Women	\$45	1:00	2:00	37 km	2.2	16.8 km
U23 Women	\$45	1:00	2:00	37 km	2.2	16.8 km
Elite Men	\$45	1:00	2:00	37 km	2.2	16.8 km
U23 Men	\$45	1:00	2:00	37 km	2.2	16.8 km

Race Day Sign In

- Sign in and package pick opens at 7:30am at 23455 8th Ave Langley Twp, BC.
- Racers must show race license and sign in.
- Sign in closes 30 minutes prior to start time.
- You will be issued a bib number. Your RFID timing tag needs to be scanned.
- Bring your RFID from THRASHERS Spring Series. If you don't have a timing tag you can buy one for \$5.

UCI Rules, Equipment and Code of Conduct

- The races are conducted according to Cycling BC rules and regulations and applicable UCI regulations.
- Only those racing in championship categories will be subject to UCI regulations.
- The race is on open roads with controlled intersections.
- Yellow line rule is in effect and will be monitored closely for violations at all events. DO NOT cross the Yellow Line.
- Always be aware that vehicular traffic, or other unexpected road users will also be on the road.
- TT bikes and rider will conform to rules as set out in UCI 2023 rules and regulations. TT bikes will undergo bike check by Commissaires prior to departure and will remain in Start corral prior to time of departure.
- TT bikes are allowed for U19 and above age categories.
- U17 Youth will be permitted to use TT aero bars; however, they are not recommended, please consult with your Coach before utilizing them. Youth U17 Carbon wheels are allowed to a maximum of 50mm.
- Individual TT holders will be provided by the Organizer.
- Helmets are to be worn anytime you are on a bike.
- Where applicable, the local anti-doping legislation which will be applicable in addition to the UCI's anti-doping regulations.
- All participants should abide by the code of conduct established by our governing body:
<https://cyclingbc.net/wp-content/uploads/2014/11/Rider-Code-of-Conduct.pdf>

Staging, Toilets, Parking and Team Zone

- Staging is on 8th Ave west of Murchie Rd.
- Riders need to be in the start coral 15 minutes before their start time.
- The rider's TT bike must stay in the coral after bike check.
- Portable toilets will be located near registration and finish line.
- Roadside parking along 235th St, 10th Ave, 237a St
- Team Tents can be set up in the designated area.

Timing and Numbers

- Timing by Wimsey. Bring your timing tag from Thrashers Spring Series, otherwise there will be an additional \$5 charge.
- You will receive 1 race number to be pinned on the back of your jersey. Numbers must not be cut, folded, or manipulated in anyway or riders risk relegation.

Mechanical Support

- There is no neutral support for the Time Trials. There will be a broom car to pick you up if needed.
- If you DNF (Do Not Finish) you must report to the Race Official at the timing tent.

Results and Podiums

- Unofficial results will be online depending on cell service. The official results will be verified by the Race Official. There will be a 15-minute time limit to protest the results. Podiums will proceed immediately after this time.
- The top 3 riders of each category will be recognized on the podium. Podiums will be near registration on 8th Ave.
- If a non-BC resident is top 3, in a BC Championship category, there will be 2 podiums presented for that category.
- The Championship categories will receive jersey and medals from Cycling BC
- The Open categories will receive medals from Thrashers Bike Club
- Provincial Championship winners will only be awarded one jersey to take home in the instance that they win both the Road Race and Time Trial Provincial Championships. They will be presented a new jersey for each podium for pictures only and will be required to return the jersey if they have already been awarded one on the Saturday Road Race event.

First Aid / Medical

- Certified First Aid Attendants will be on site.
- The closest hospitable is Langley Hospitable 22051 Fraser Hwy, Langley, BC

Accommodation

- Hotels around Langley BC, White Rock BC
- Camping at Hazelmere RV 18843 8 Ave, Surrey, BC

Map Overview



