

# The Monument of Glen Valley

April 20, 2024

Spring Series Revival Race #5

<https://www.thrashersbc.ca>

**Organizer:** Drew Nelson, 236-983-6995, [andrew\\_nelson@cargill.com](mailto:andrew_nelson@cargill.com)

**Location:** Alder Acres, 8248 252 St Langley BC

**Course Description:** 13.5 km clockwise course featuring; long exposed roads along the river, a fast decent through the gulley, rollers in the woods and the infamous Snake Hill.

**Course GPS Map:** <https://ridewithgps.com/trips/144624286>

**Registration :** <https://www.bikereg.com/the-monument-of-glen-valley>

- Block pricing: \$50 till April 14. \$60 after. \$80 Day of.
- Novice Categories \$50 / \$60 Day of. (Open Men, Open Women, Men of Leisure 40+)
- Youth 18 and under \$30.
- Online registration closes April 19 at 6pm
- GST and service charges will be added at checkout.

**Categories and Licenses:** All racers must hold a Cycling BC license. Novice racers can hold a 'Cycling for All' license or purchase a 'Single Day Event' license. Novice categories are Open Men, Open Women and Men of Leisure 40+. All other categories must hold a 'UCI' or 'Provincial Race' license.

- Single Event Licenses must be purchased online through CCN before race start. Link here: <https://ccnbikes.com/#!/memberships/cycling-bc-single-event-license-2024>
- Racers register for the category on their race license. U19 can use the Youth link for discount price and will be moved to correct category by admin.
- Your category is what is declared on your 2024 Cycling BC license.

**Cat 1/2/3 Women** - Combined results and podium. Must have a Cat 1/2/3 license.

\*If this category is under 10 racers on race day it will be combined with the Cat 4 Men. Women in this category can choose to race with the Men or race in the Open Women group.

**Open Women** - Female racers of any age. Can hold any CBC license or buy a single event license.

**Cat 1/2 Men** - Combined results and podium. Racers must have a Cat 1 or Cat 2 race license.

**Master Men** - Must have a Master License.

**Cat 3 Men** - Must have a Cat 3 license.

**Cat 4 Men** - Must have a Cat 4 license.

**Open Men (Cat 5)** - This group is for novice male racers of any age. Can hold any CBC license or buy a single event license.

**Men of Leisure 40+** - Men's Beer League. Can hold any CBC license or buy a single event license.

\*If this category is under 10 racers on race day it will be combined with the Open Men group. In this case the categories will get separate results and podiums but not separate intermediate sprint points.

### Start Times and Distance (Subject to Change)

Category	Reg. Price	Start Time	Finish Time	Total Distance	# of Laps	Lap Distance
Cat 1/2 Men	\$50-60	10:30	2:00	120 km	9	13.5 km
Master Men	\$50-60	10:32	1:30	108 km	8	13.5 km
Cat 3 Men	\$50-60	10:34	1:00	94 km	7	13.5 km
Cat 1/2/3 Women	\$50-60	**10:36	1:00	80 km	6	13.5 km
Cat 4 Men	\$50-60	*11:30	1:00	80 km	6	13.5 km
Open Men	\$50	*11:32	2:00	68 km	5	13.5 km
Men of Leisure	\$50	*11:34	2:00	68 km	5	13.5 km
Open Women	\$50	*11:36	2:00	68 km	5	13.5 km

\*The second wave of categories will have a variable start time as they will start behind the first groups after they complete 3 laps

\*\*If Cat 1/2/3 Women is less than 10 riders they will be combined with the Cat 4 Men at 11:30\*

- Riders cannot join another group and will be subject to disqualification for infringement.
- Dropped riders from the same group can ride together.
- Categories may be combined if registration numbers are low.
- Distance and Start Times subject to change.
- Race distances may be shortened in inclement weather.

### UCI Rules, Equipment and Code of Conduct

- The races are conducted according to Cycling BC rules and regulations and applicable UCI regulations.
- All the races are on open roads with controlled intersections.
- Yellow line rule is in effect and will be monitored closely for violations at all events. DO NOT cross the Yellow Line. Subject to disqualification for infringement
- Always be aware that vehicular traffic, or other unexpected road users will also be on the road.
- All bikes must be road style drop bar bikes and conform to UCI bike rules. No TT bikes. Bikes cannot have fenders, racks, mirrors, or other accessories that may pose a safety risk to the race. No E-bikes allowed.
- Helmets are to be worn anytime you are on a bike.
- Shaved legs will not be required.
- All participants should abide by the code of conduct established by our governing body: <https://cyclingbc.net/wp-content/uploads/2014/11/Rider-Code-of-Conduct.pdf>

### **Stagging, Toilets, Parking and Team Zone**

- Parking at Alder Acres 8248 252 St Langley
- Staging at Alder Acres. Riders need to be in the staging area 10 minutes before their start time.
- Farm toilets located near the petting zoo.
- Team Tents can be in the field.

### **Race Day Sign-On**

- Online registration closes April 19 at 6pm. Day of registration will be available for \$80 cash.
- Sign on and package pick at Alder Acres
- Sign on closes 20 minutes prior to start time.
- You may be asked to present your race license.

### **Timing and Numbers**

- Electronic timing by Wimsey
- **Please bring your RFID plates.** A \$5 surcharge will be required for each plate.
- **Please bring your race bib from last week.**
- The number bib is to be pinned over the back pockets of your jersey.

### **Feed Zones and Mechanical Support**

- There will be a designated Feed Zone location determined on race day. It will be marked by cones.

- There is no neutral mechanical support for this race. It is the responsibility of all racers to be self-sufficient on the course. There will be a support vehicle to pick you up if you need help, however they will only provide you a ride back to staging and will not provide mechanical support.
- If you DNF (Do Not Finish) you must report to the Commissioners at the timing tent.

**First Aid / Medical**

- Certified First Aid Attendants will be on site.
- The closest hospitable is Langley 22051 Fraser Hwy, Langley

**Results and Podiums**

- Live results at [www.results.wimsey.co](http://www.results.wimsey.co)
- The official results will be verified by the Commissioners. There will be a 15-minute time limit to protest the results. Podiums will proceed immediately after this time.
- The top 3 individuals from each category will be recognized after each race. There will be podiums and results for Cat 1/2 Men, Master Men, Cat 3 Men, Cat 4 Men, Open Men, Men of Leisure 40+, Cat 1/2/3 Women, Open Women.

**The Spring Series Team Competition - The G.T.C.**

- Points will be awarded to the placings of individuals within each category.
- Riders can earn points for their team within their own race. Points from each category carry the same weight. There is no limit to a team’s roster.
- Points will be available to the top 10 placings in each intermediate sprint and the top 20 placings of the finish. Placings will be based on the electronic timing system.
- Each race will have 2 intermediate sprints. The intermediate sprint line will be the same as the finish line. Intermediate sprints will be roughly at the 1/3<sup>rd</sup> and 2/3<sup>rd</sup> mark of the race. A bell and sign will be used to indicate ‘points lap’.
- The team’s points accumulate over the 6 races. The team standings will be available online after the first race and updated following each race. The team leading the G.T.C will wear yellow bibs for the second race. The top 3 teams with the most points will be awarded at the Series Finale.

**The Spring Series Individual Competition – the Green Jersey**

- The same points will be used to rank individuals. The individual leaders of each group will wear a green bib. The top individual of each group will be recognized at the series finale.

**Finish Line Points**

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
25	22	20	18	16	15	14	13	12	11

11th	12th	13th	14th	15th	16th	17th	18th	19th	20th
10	9	8	7	6	5	4	3	2	1

**Intermediate Sprint Points**

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
15	12	10	8	6	5	4	3	2	1

**Enjoy the Race**